

# A Day in the Life of an Astronaut

## Amazing Fact

The International Space Station is the most expensive structure ever built.

## Challenge

Imagine you are an astronaut.

What would you do all day?

Find out some information, using the Internet or books, about the following topics. Then write a diary entry about a day in the life of an astronaut.

Food eaten in space:

---



---



---

Activities astronauts do:

---



---



---

How astronauts sleep:

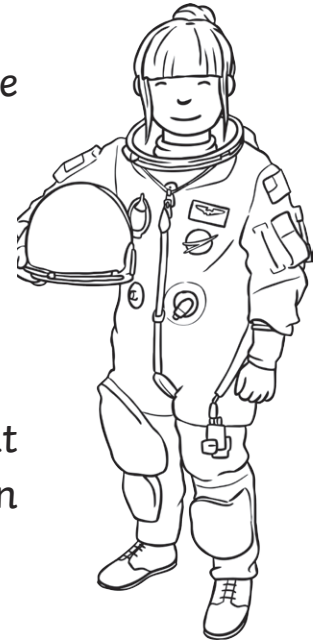
---



---

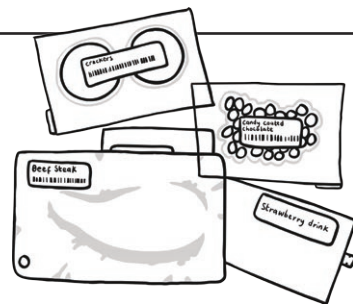


---



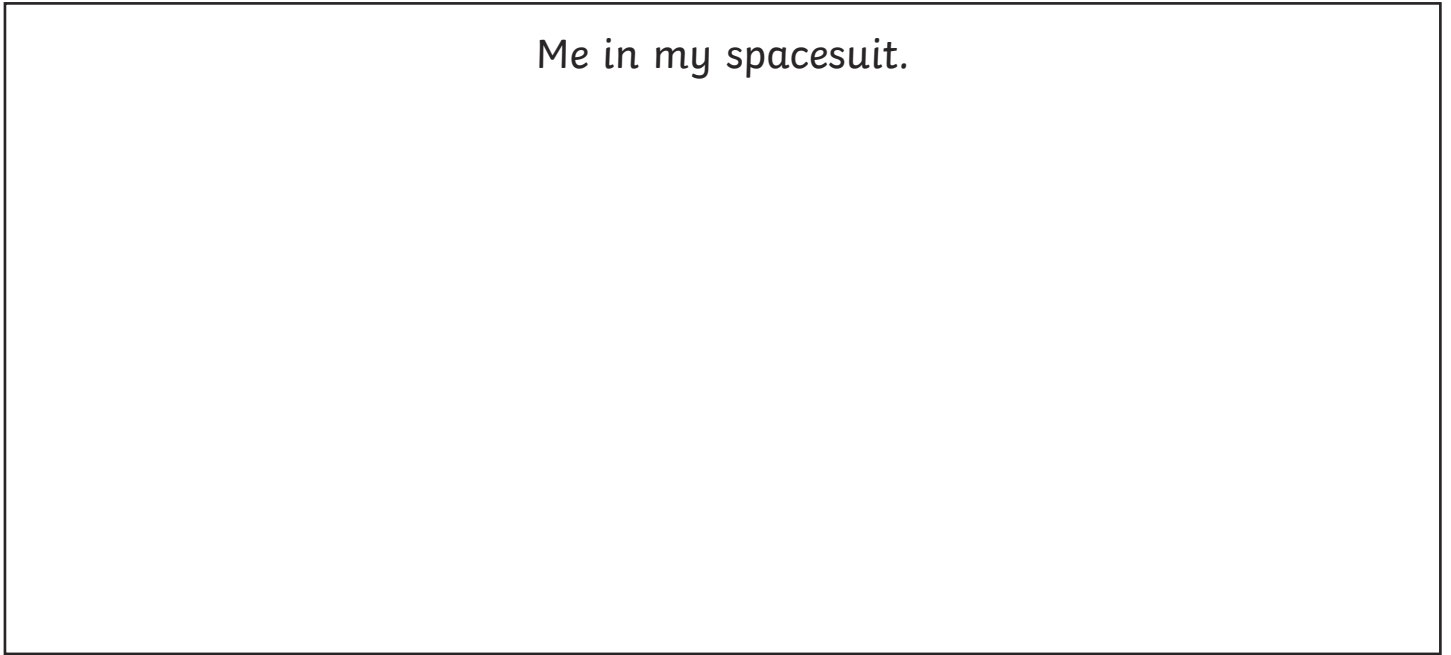
You could also try to find out:

- how much the ISS cost;
- who paid for it;
- how much it costs to run;
- how many astronauts have visited and from which countries.



# A Day in the Life of an Astronaut

Me in my spacesuit.

A drawing of a spiral-bound notebook. The spiral binding is at the top. The notebook has several horizontal lines for writing on the pages.