Bell and Shipton English Healthy eating

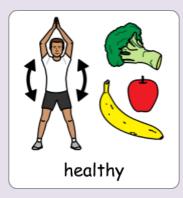
Week 5: Week beginning Monday 18th May Week 6: Week beginning Monday 1st June

LO: Identify from a menu written in English, items which make up a balanced meal;

Instructions

- This PowerPoint is to accompany the worksheets sent home.
- The PowerPoint is to give a brief introduction to the resources sent home.
- Please do not feel that all work must be done in one day. Take short regular breaks after 20 minutes so that students do not become overwhelmed.
- At the end of the PowerPoint, there are some links to activities that you can have a go at.











Task

- Work through the booklet.
- Spellings- sound out the sounds in the word.

 Make a note of the words you misread in the boxes and practise reading and spelling them.

Links to websites- Group 1

A healthy lunchbox

<u>http://archive.foodafactoflife.org.uk/Act ivity.aspx?siteId=14§ionId=61&conte</u> <u>ntId=56</u>

Links to websites- Group 2

How to be healthy

Work through the activities

Storyboard activity and quizzes

<u>https://central.espresso.co.uk/espresso/</u> <u>modules/ey_fireflies_plus</u>

Links to websites- Group 3

Speaking and listening activities: Watch the video and answer the questions.

https://central.espresso.co.uk/espresso/ modules/e2_speakinglistening/qa/video_e ating.html?source=search-English-all-English-all&sourcekeywords=healthy%20eating