






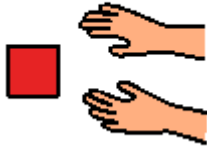
Name: _____

Date: _____

L.O: To make couscous salad with roasted vegetables.

get equipment



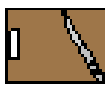
bowl




spoon



board



knife



kettle



get food



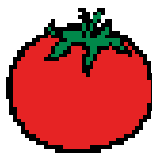
couscous



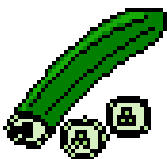
stock



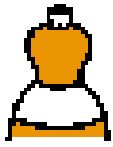
tomato




cucumber



oil



lemon



feta



coriander



olives



1

chop
vegetables



2

chop olives



3

chop
coriander



4

stock on
COUSCOUS



5

boil water



6

pour on
COUSCOUS



7

add lemon
and oil



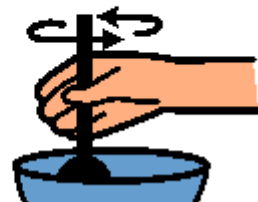
8

add cheese



9

mix
everything!





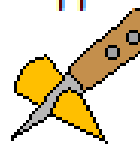
I was good at:



My target is:



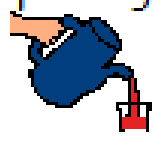
chopping



stirring



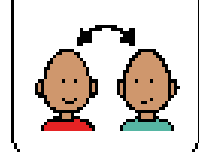
pouring



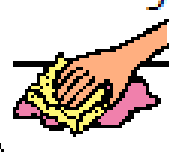
reading
recipe



team work



cleaning



Staff Comment:

Next Steps:

Name: _____

Date: _____

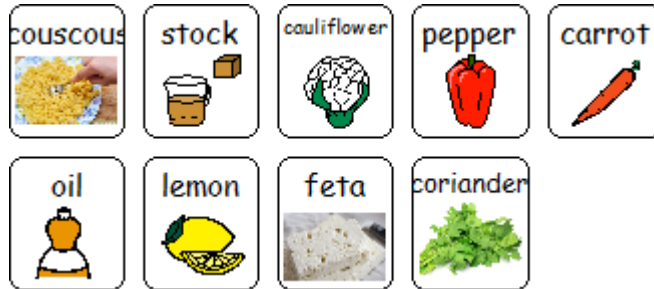
GREEN



L.O: To make couscous salad with roasted vegetables.

Ingre-

dients:



Equipment:



Method:



1) Heat the oven to 200 degrees.



2) Peel and chop carrots.



3) Chop peppers and cauliflower.



4) Add oil to a tray, add vegetables and cook for 20-30 minutes.



5) Add the couscous to a bowl and mix in stock cube.



6) Pour over boiling water to cover, mix and cover bowl.



7) Mix roasted vegetables into the couscous.



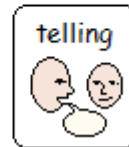
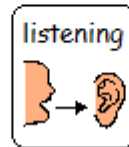
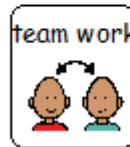
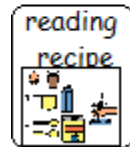
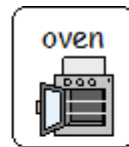
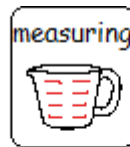
8) Chop the coriander and feta, sprinkle on top.



I was good at:



My target is:



Staff Comment:

Next Steps:

Name: _____

Date: _____

RED



Ingredients: To make couscous salad with roasted vegetables.

- 400g couscous
- Stock cube
- Carrots
- Cauliflower
- Peppers
- Feta
- Olive oil
- Lemon
- Coriander

Equipment:

- Bowl
- Kettle
- Chopping boards
- Knives
- Tray

Method:

- 1) Pre-heat the oven to 200 degrees.
- 2) Peel and chop the carrots into chunks.
- 3) Chop the peppers and cauliflower into chunks.
- 4) Add oil to a tray, add the vegetables and cook for 20-30 minutes, turning halfway.
- 5) Add the couscous to a bowl and crumble over the stock cube.
- 6) Pour over boiling water to just cover, mix and cover bowl.
- 7) Mix the roasted vegetables into the couscous.
- 8) Chop the coriander and feta, sprinkle over the top.

I was good at:

My target is:



Staff Comment:

Next Steps: