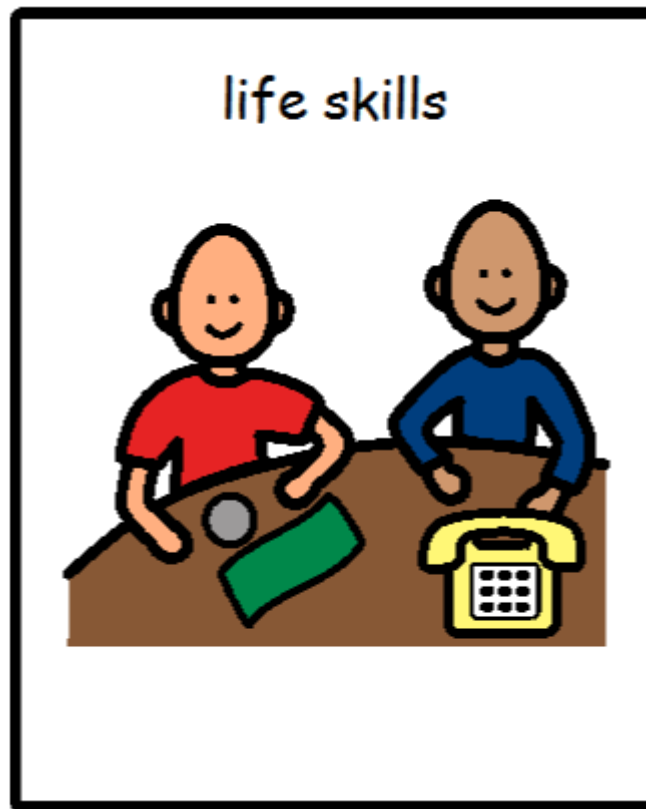


Life Skills

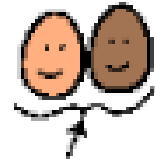


Wk. beg. 27.04.20
ASD Summer 1 Term





What are



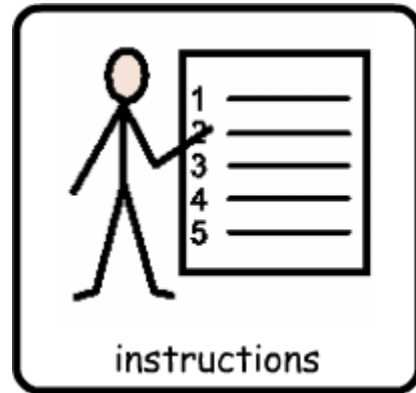
we



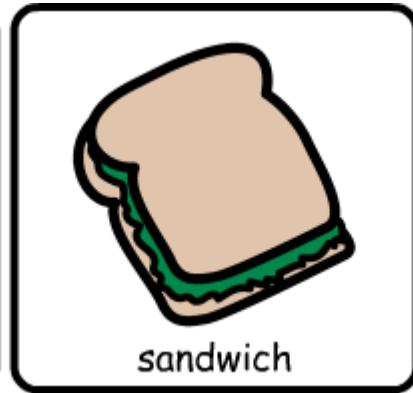
learning



today?



instructions



sandwich



drink

To follow instructions to make a snack and a drink

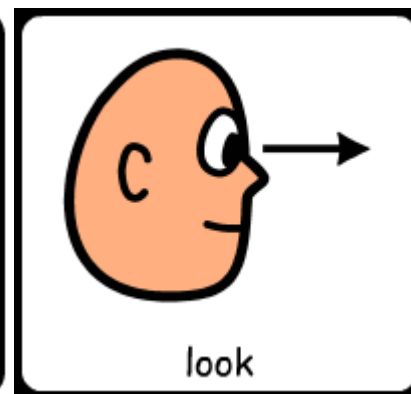
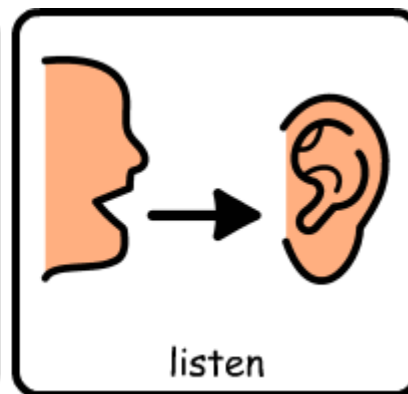
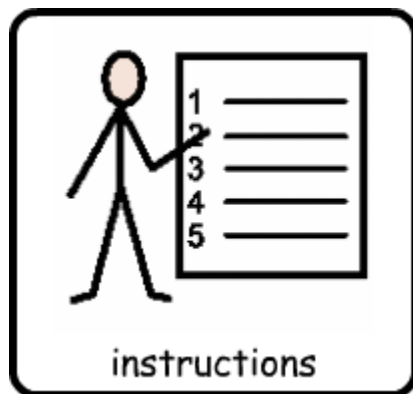


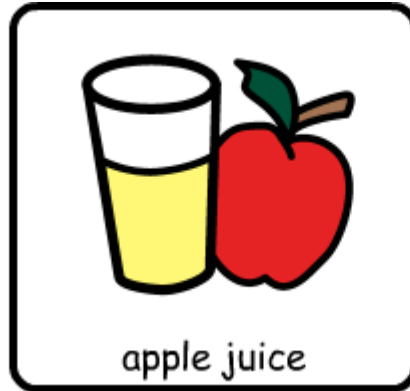
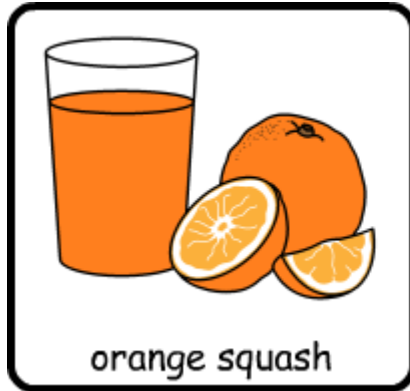
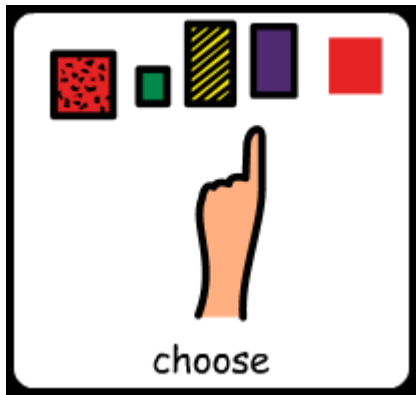
How to use - choose the snack and drink you and your child would like to make.

Follow each step. Point to the instruction and say it out loud.
Show your child how to do it if needed.



Key words:





Choose a drink and find the page with the instructions

Orange Squash



Apple Juice



apple juice



get a cup



pour the juice



Blackcurrant Squash



Tea



tea

fill the kettle

switch on the kettle

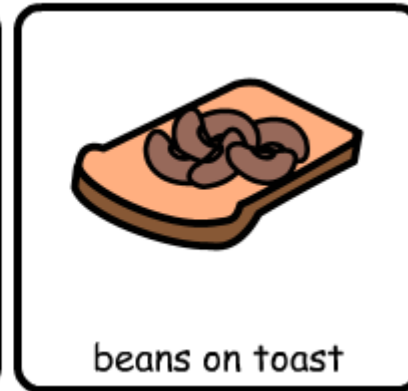
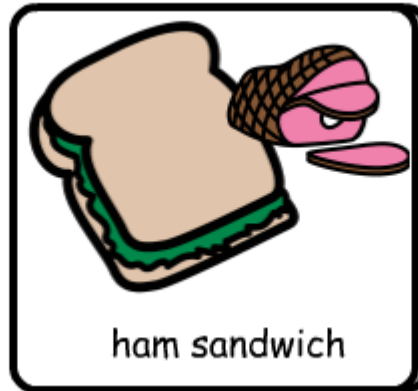
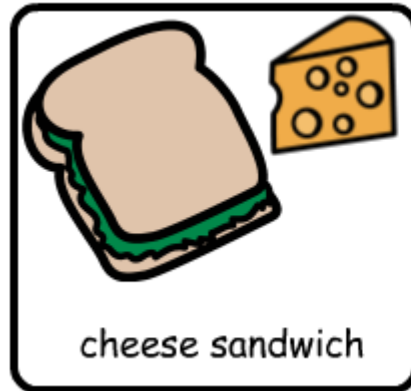
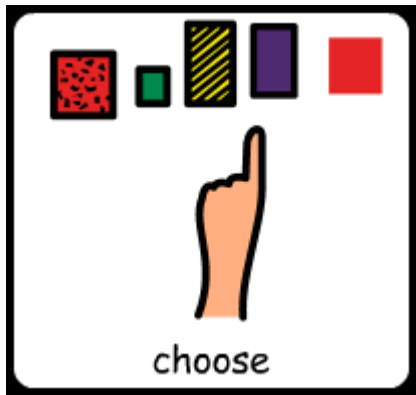
put the tea bag in the cup

pour the water into the cup

take out tea bag

add milk

stir tea



Choose a snack and find the page with the instructions

Cheese Sandwich

ingredients			
bread	cheddar cheese	butter	
equipment			
chopping board	knife	plate	grater

1	grate cheese 	bowl 	
2	buter bread 		
3	add 	grated cheese 	bread
4	chop 	large triangle 	
5	chop 	small triangle 	
6	put 	plate 	



Ham Sandwich



ingredients		
bread	ham	butter
equipment		
chopping board	knife	plate

1	buter bread	
2	add ham	
3	chop	
4	chop	
5	put	
	large triangle	
	small triangle	
	plate	

Beans on Toast


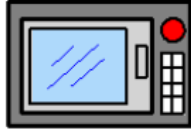



Ingredients		
baked beans 	butter 	bread 
Equipment		
microwave 	measuring jug 	spoon 
knife 	plate 	



1)

baked beans 	open can 
--	---




2)

pour in bowl 	microwave 	1 minute 
---	--	---



3)

bread 	toaster 
--	--

4)

wait a minute 	toast 	spread 
---	---	--

5)

pour 	beans on toast 
---	---

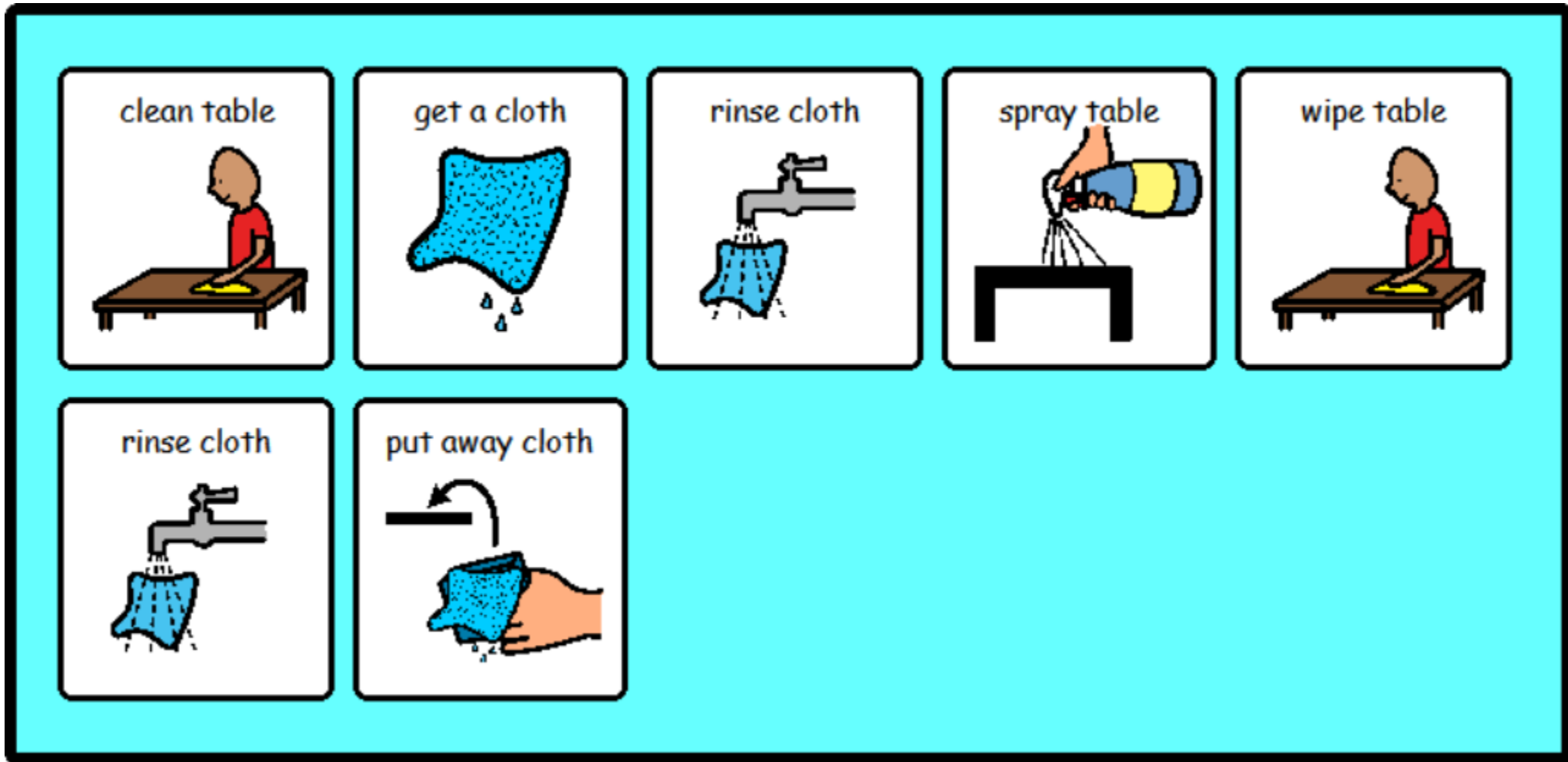
Don't forget to wash up and clean the table



A sequence of seven illustrated steps for washing up and cleaning a table, each in a white box with a black border on a yellow background:

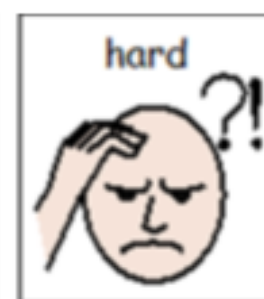
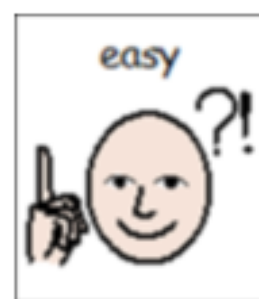
- wash up**: A person in a blue shirt is washing a green cloth under a running faucet.
- fill sink**: A sink is shown filled with blue water, with a faucet above it.
- add washing up liquid**: A pink bottle of washing up liquid is shown.
- get a cloth**: A blue cloth is shown with three water droplets falling from it.
- wash dishes**: A sink contains a stack of blue plates and a blue cup, with a faucet above.
- empty sink**: A sink is shown empty, with a black arrow pointing to the drain.
- dry dishes**: A hand is shown drying a purple plate with a yellow cloth.

Don't forget to wash up and clean the table






Self-assessment





Please let us know how you did, send us a tweet
@NorthRidgeSch 

You can also email pictures to:
homelearning@northridge.manchester.sch.uk