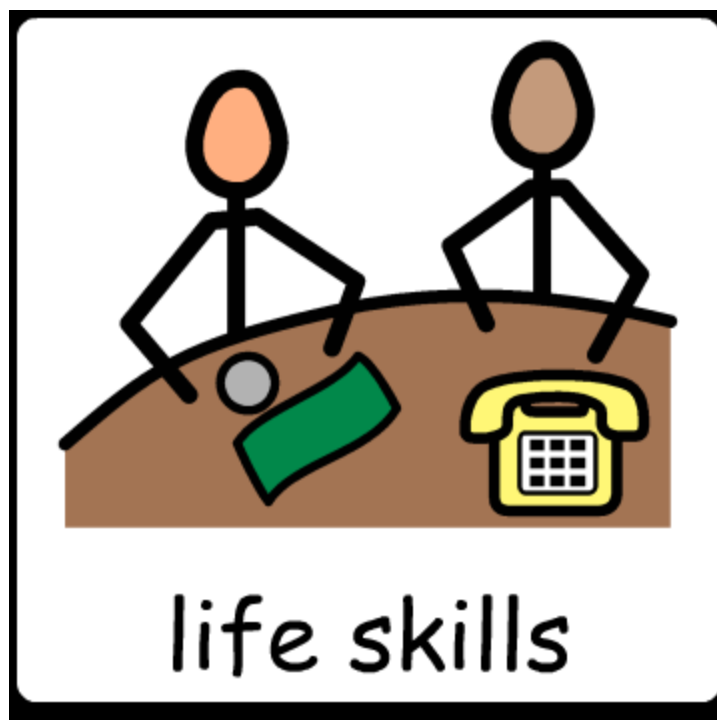




# Life Skills

Wk. beg. 06.07.20

ASD Summer 2





# Focus: Cleaning



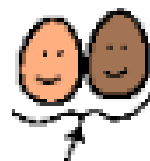


# Life Skills Activity

- How to use - work through as many slides as you can as the situations arise. Complete with as much or little support as required.



What are



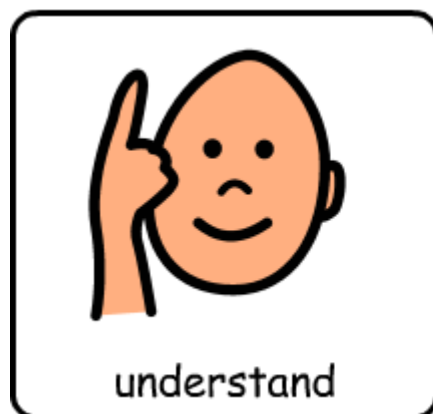
we



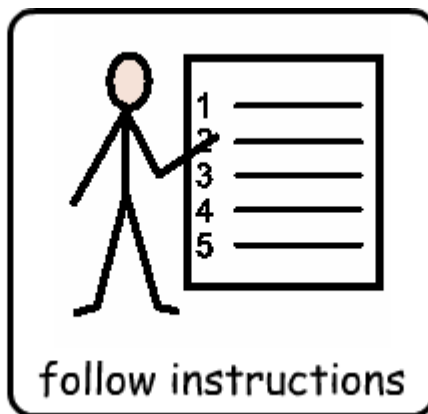
learning



today?



understand



follow instructions

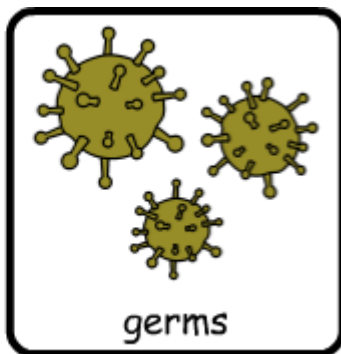


cleaning

To follow instructions to follow out a cleaning task



# Key words:



# Why do we clean around the house?

Regular house cleaning kills germs and keeps our spaces clutter free.

This helps to stop us from becoming ill and reduces hazards that may cause us to have an accident.

Cleaning helps to keep us safe.

# What does it include?

Dusting

Hoovering

Mopping

Wiping surfaces e.g. kitchen worktops, bathroom surfaces

Tidying our belongings into a safe place e.g. toys in a cupboard, clothes in a wardrobe

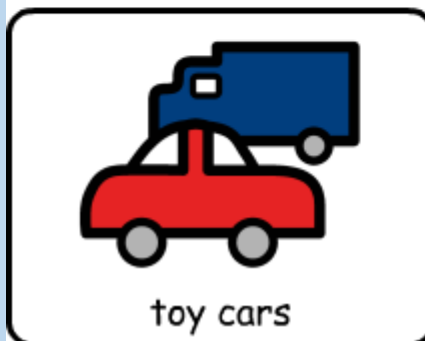
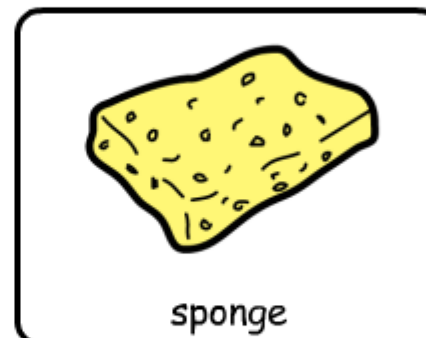
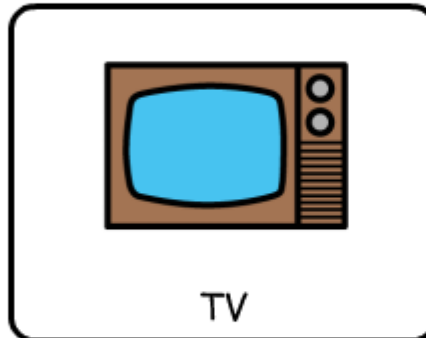
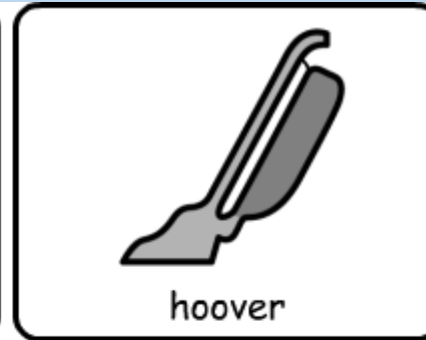
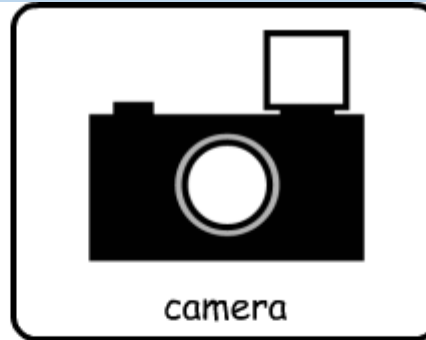
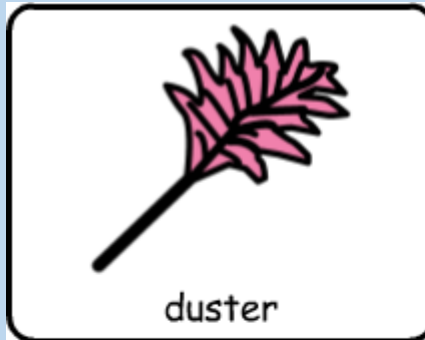
Washing clothes and bedding

Washing dirty dishes

Cleaning windows

Can you think of anymore?

# Which of these items can be used to clean



# Match the cleaning product to the activity





Make a list of ways you can help clean around the house. What products or equipment can you use to help?

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 I can do jobs around my home



Hoovering



<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	

Setting the table



<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	

Make your bed



<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	

You need to identify the equipment in each of the pictures.  
 You need to do the job for around 10 minutes.  
 Adults can help you with how to hold the equipment and the types of movements you should be doing.  
 Tick the job off when you have finished it.  
 Each job should be done each day where possible Mon—Fri.







I can do jobs around my home



Wash the dishes



<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	

Put the washing on



<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	

Put your clothes away

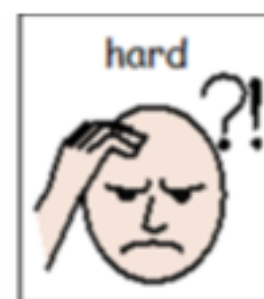
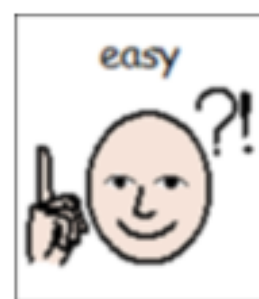


<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	


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# Self-assessment





Please let us know how you did, send us a tweet  
@NorthRidgeSch 

You can also email pictures or work to:  
[homelearning@northridge.manchester.sch.uk](mailto:homelearning@northridge.manchester.sch.uk)