

life skills



Life Skills

Household Cleaning



What types of cleaning is there?

- Dusting
- Mopping floors
- Vacuuming
- Washing surfaces
- Polishing mirrors

Can you think of any others?



Why do we need to clean our homes?

- ▶ Cleaning is the action of making something clean and dirt free.
- ▶ Cleaning is the process of removing unwanted things, such as dirt, infectious agents from an object or environment.
- ▶ We clean our homes in order to remove dirt and germs that could make us poorly.



Where in our homes needs cleaning?

- Which rooms need cleaning in the house?
- Which items need cleaning?
- What do you clean in your homes?





How often do we need to clean our homes?

- ▶ On average you need to clean your house once a week.

BUT

- ▶ If we spill something or make a mess we clean it straight away
- ▶ We also clean areas such as the bathroom (toilets) and kitchen worktops regularly

Once a month?

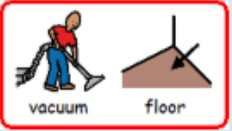



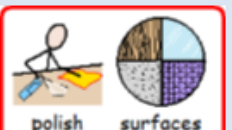





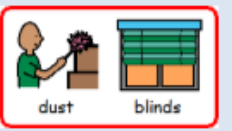

OR

Once a week?

Task:

Bedroom Cleaning Checklist:



 vacuum floor	 vacuum	
 clean windows	 window	
 polish surfaces	 polish	
 make bed	 bed	
 clean mirror	 mirror	
 dust blinds	 blinds	

Living Room Cleaning Checklist:



 vacuum floor	 vacuum	
 clean windows	 window	
 polish surfaces	 polish	
 clean sofa	 sofa	
 clean mirror	 mirror	
 dust blinds	 blinds	

Use the checklists to help you do some cleaning at home.