



***NORTH RIDGE HIGH SCHOOL  
(MAY 2009)updated/ November 2010/Updated January  
2011/updated April 2013/September 2014/September  
2015/September 2017/September 2018/January  
19/March 22/Oct 22/Feb23***

**Under the public sector equality duty, all schools/academies must have due regard to the need to eliminate discrimination, harassment and victimisation and any other conduct prohibited by the Equality Act 2010; to advance equality of opportunity between those who share a relevant protected characteristic and those who do not share it and to foster good relations across all protected characteristics. This means schools/academies must take into account equality considerations when policies are being developed, adopted and implemented.**

# Hydrotherapy Pool Policy 1

Part One out of Four parts and 2 appendices.

The pool is operated and maintained by North Ridge High School. The pool is used for general mobility sessions and the delivery of hydrotherapy programmes.

The pool is part of the extended facilities that the school offers. All responsible adults using the pool must sign that they have read, understood and agreed to the “Policy for Pool Users”, “Risk Assessment” and “Emergency Action Plan” sections of this policy and completed the Annual “Use of the Hydrotherapy Pool” Assessment and, if necessary, the “Health Today” assessment.

## Policy for pool maintenance

Responsibility for undertaking pool maintenance rests with the Site Manager. All maintenance will be recorded in Maintenance log.

### Chemicals

All the chemicals used shall only be handled by the site manager and other named persons who have attended training, who will be trained to complete all the tasks necessary or another person who must hold a valid Pool Plant Operators Certificate. If there is a change of personnel, the relevant training will be given by CJE LEISURE LTD before any maintenance is carried out.

All the chemicals must be stored in accordance with the manufacturer’s recommendations in the plant room and shall UNDER NO CIRCUMSTANCES be mixed. In the event of an accidental mixing the emergency action plan shall be put into action.

### The chemicals used are as follows:

- |                                      |  |
|--------------------------------------|--|
| 1) Sodium Bisulphate Acid (granules) | an acid used to balance the alkalinity to control PH |
| 2) Calcium Hypochlorite (granules)   | the chlorine used to maintain hygiene.               |

### Water Quality

The swimming pool shall be safe for bathers at any time during the school day. It is the responsibility of the site manager to ensure that the pool water is of good quality. The school uses a TopLine Unit that gives readouts of water quality to assist in managing the pool. The water will conform to the following standards:

Gill Foord: May 09: adapted from Hydro Policy of Cromwell High School Tameside

- Has a clear blue colour, quality, appearance and sparkle **MUST BE ABLE SEE THE POOL BOTTOM AT DEEP END**
- Is maintained at a temperature between 33 and 35 degrees centigrade.
- Has a good chemical balance within the following parameters:
  - PH 7.2-7.8 ( pool set at 7.4)
  - Calcium hardness **BETWEEN 80 – 200MG/L**
  - Bi-carbonate alkalinity 80 to 200 mg/l
- Has a free-chlorine residual within the range 1.0 to 3.5mg/l present during all operational hours.(this may be increased to 5 units per million if necessary following contamination)
- Has a level of combined chlorine that does not exceed one half of the total chlorine level at any time. **IDEALLY BELOW 1PPM**
- Has a total dissolved solids level not exceed 1,000PPM **ABOVE SOURCE WATER**
- Is maintained at the correct level to allow water to be filtered by **LEVEL DECK TO BALANCE TANK.**
- Is constantly filtered and is backwashed as necessary and at least weekly.
- Is tested at least three times a day for: **RECORDED AND KEPT FOR 5 YEARS**
  - PH
  - Chlorine
  - Temperature
- water quality is tested **MONTHLY** for the following microbiological infestations: **BY WCS/KINGFISHER**
  - TVC @ 37 degrees and 22 degrees
  - Coliforms
  - E.coli
  - Pseudomonas
  - S.aureus
- Is tested at least once a week for:
  - Calcium hardness
  - Bi-carbonate alkalinity

The results of all tests will be recorded on a log sheet that shall be retained for a minimum of 5 YEARS

### Poolroom and equipment checks

The site manager will check the functioning of the following items each day:

- Sodium bisulphate level.
- Calcium hypochlorite levels.
- Automatic dosing pump operations
- Electric control panels
- Circulating pumps
- The air temperature in the pool room-that should be between 27-29 degrees.
- Other plant necessary to the functioning of the pool

And weekly:

- Alarm function check

To ensure effective working and safety expert contractors will be employed to check the plant room and all equipment **MONTHLY**

**UVA BULBS CHANGED EVERY 12 MONTHS**

The floors in the pool and changing areas will be cleaned at end of each day when used.

### **Contamination**

The Site Manager will deal with contamination of the pool in the following ways:

- ◆ Faeces
  - Solid mass – REMOVE FROM WATER, ENSURE CHEMICAL LEVELS ARE WITHIN THE RECOMMEND GUIDELINES –NO FURTHER ACTION IS REQUIRED – TEMPERARY REMOVE BATHERS
  -

- Diarrhoea
- EVACUATE THE POOL OF BATHERS
- ENSURE THEY SHOWER
- INCREASE CHLORINE LEVELS TO 5PPM
- LEAVE CLOSED FOR 6 TURN OVER CYCLES - APPROX 6 HOURS
- ADD FLOCCULANT
- VACUUM POOL BASE
- AFTER 6 TURNOVER CYCLES THOROUGH BACKWASH
- REOPEN COULD HAVE MICROWATER TEST

#### Vomit /Blood

- TEMPORARY REMOVE BATHERS
- ENSURE CHEMICAL LEVELS ARE WITHIN RECOMMEND GUIDLINES.
- BLOOD SPILLAGS ON POOL SIDE SHOULD NOT BE WASHED INTO POOL
- USE STRONG DISINFECTANT TO WASH DOWN POOL SURROUND
- WEAR PPE
- 
- ◆ Urine
  - Chlorine levels will be adequate to combat urine incontinence. Please ensure dependant users visit the toilet, if appropriate, before using the pool.
- ◆ Foreign bodies
  - i.e. insects. Remove from water and backwash through FILTRATION SYSTEM system at the end of the day.
- ◆ Glass
  - If breakage is in pool water, pool will require drainage and cleaning. Breakage in surrounding area – must be cleaned very thoroughly. Taking of any glass into the hydrotherapy area is FORBIDDEN.

#### Maintenance

The site manager will report any repairs or maintenance necessary that he/she is unable to carry out to the Business Manager to arrange for such work to be undertaken by contactors.

The site manager will report any concerns regarding Health and Safety to the Business Manager immediately.

Maintenance identified by the MONTHLY check by expert contractors will be commissioned and carried out as appropriate to maintain health and safety.



***NORTH RIDGE HIGH SCHOOL***

# Hydrotherapy Pool Policy 2

Part Two out of Four parts and 2 appendices.

## Policy for Pool Users

If misused the pool is the most dangerous room in the school! Remember: AN ACCIDENT CAN HAPPEN IN AN INSTANT- THE EFFECTS CAN LAST A LIFETIME!

The pool must not be used without checking that all maintenance procedures have been successfully carried out. If the site manager is off work the pool must not be used unless another member off staff who has received training carries out ALL necessary checks. The pool must not be used without prior permission from the Head teacher/Deputy Head- or in the absence of the Head teacher/Deputy Head another member of the Senior Management team. The pool must not be used by any responsible adults who have not read the; “Policy for Pool Users”, the “Risk Assessment”, the “Emergency Action Plan” completed the Annual “Use of the Hydrotherapy Pool” Assessment and also the “Health Today” form if

there is any temporary medical condition. One person must also sign to be the “lead responsible adult” for any session.

All pool users must notify the office that they are using the pool.

### **Purpose**

This pool is solely for the use of persons requiring the benefit of a heated pool. It is not a swimming pool and is not intended for purely leisure purposes. Acceptable purposes are:

- Developing and following hydrotherapy programmes under the direction of a physiotherapist.
- Providing mobility opportunities for people with otherwise limited mobility including developing swimming skills for such people.
- Providing sensory stimulation for people with profound and multiple learning difficulties
- Providing remedial therapy to contribute to physical recovery
- Providing communication opportunities for pupils with communication difficulties

### **Bathing Load**

Maximum bather loads are based on the Department of the Environment figures of 2 square metres of water surface area per person. Therefore the pool’s maximum capacity is 12 bathers including all staff helpers in the water. (POOL IS 6M X 4M =24M<sup>2</sup> /2M<sup>2</sup> = 12BATHERS)

### **Lead Responsible Adult**

This person is responsible for ensuring that all other persons follow this policy. They should call a halt to the session immediately if they become unable to control the situation. This person is responsible for ensuring the safety of all involved. They must be either a qualified swimming instructor, physiotherapist, teacher or have at least one level 3 qualification or a level 2 in English or Communication to demonstrate the ability to follow this policy. The lead responsible adult must report any concerns over Health and Safety to the Business Manager immediately. The lead responsible adult must sign as such on the “Hydrotherapy Pool record of pool and agreement to abide by school policy form” (Appendix 1), ensure that all Responsible Adults have read the policy and signed to agree to abide by it and that everyone entering the pool has complete the Annual “Use of the Hydrotherapy Pool” assessment and the “Health Today” assessment if there is any temporary medical condition.

### **Responsible Adult**

This can be any person over the age of 18 years that the “Lead Responsible Adult” reasonably assesses as being able and willing to assume responsibility for following this policy without further assistance or prompts. All “Responsible adults” must sign as such on the “Hydrotherapy Pool record of pool and agreement to abide by school policy form” (Appendix 1).

There must at least one person who has up to date resuscitation training and 2 adults who have up to date rescue board training (of which one can be person with resuscitation training) in the two respective roles.

### **Dependant Users**

All dependant users must have signed permission from their parents/carers. No dependant user should be made to enter the poolroom or water if it can be reasonably assessed that they do not wish to.

### **Parental permission**

Parental permission will be sought by sending Hydrotherapy Pool permission letter with annual ‘use of hydrotherapy pool’ assessment to parents/guardians. This must be returned signed before pupils can access pool. This can be updated in annual reviews. Where it is felt that a parent may have a difficulty in understanding or reading the forms the parent will be invited into school and be supported in completing the forms with a member of staff. It is the member of staffs’ responsibility to ensure that a parent understands what they are signing. The member of staff must then countersign the form. An interpreter may be used to support the parent if this is necessary.

### **Health concerns**

All people using the pool should ensure that they are medically fit to be in the pool in the capacity in which they are operating. They must complete the “Use of the hydrotherapy pool” assessment sheet annually and must notify school and re-complete the form if their medical condition changes. They must complete the “Health Today” form if there is any temporary medical condition. The response to any intolerable risks must be noted on the Assessment form. If in doubt they must consult a doctor before proceeding with use of the pool (appendix 2 to this policy). Copies of the completed sheets must be entered into the Hydrotherapy Pool file kept in pool store room. All pool users should have access to a drink of water in order to maintain hydration in the warm environment.

## **Security**

The pool changing room door must be kept locked with the key pad (code main office) when there is no responsible adult in the room. The access passes for the hydrotherapy pool are kept in main school office and must be signed out by the Lead responsible Adult. The Lead Responsible Adult is responsible for making absolutely sure that the poolroom and pool is empty, the windows are closed and secured and for ensuring that the mortise lock is used to secure the room when not in use and that the access keycard is returned to the main school office after use. The access control and door lock is in operation at all times when there are pupils in the school.

## **Banned activities**

The following activities are entirely prohibited in the pool area:

- Pushing, fighting, running, diving, jumping in or ducking
- Pupils in the water without staff support
- Pupils in the pool room without direct and continual staff supervision
- Wearing jewellery (wedding bands are allowed)
- Staff swimming alone

## **Contamination- water**

The “Lead Responsible Adult” must ensure that the pool is evacuated immediately and the Site Manager is informed without delay in the event of any contamination of the pool by faeces, vomit, blood or by a foreign body (eg; glass).

## **Contamination- pool-side: all incidents and action taken will be recorded in Incident log**

1. No breakable items should be in pool area i.e. glass/mugs.
2. Food must not be brought into the pool area
3. No outdoor shoes in pool area. Overshoes should be made available and used.
4. Wheelchair wheels should be checked that they are not carrying dirt, grit or other contaminants.

## **Essential provision**

The following provisions are essential for use of the pool:

- A responsible adult in the immediate area with a valid resuscitation training and rescue board training.
- Lead adult must remain in pool area at all times whilst pupils are in the pool.
- At least 2 of the responsible adults must have appropriate ‘rescue board’ training.
- A minimum 1:1 ratio of responsible adults to pupils in the water for individual programmes or if other(e.g. PE,communication) then this must be agreed by Head teacher/Deputy Head.
- There must always be more than one adult in the pool room including lead adult and responsible adult (not counting the changing room) whilst pupils are in the water.
- A responsible adult must remain on poolside at all times as ‘spotter’ and must not leave pool area – pupils must be in their vision at all times.
- Responsible adults engaged in changing must not prevent the above deployment of responsible adults.

## **General order**

The Lead Responsible Adult is responsible for ensuring that the pool is left in a tidy and orderly fashion. Not only is this polite for future users, good practice for an orderly start for the next session but also important for Health and Safety reasons as clutter and untidiness can lead to distraction for staff or dependant users that can lead to increased risk or can directly contribute to slips, trips and falls.

## **Governor responsibility**

Mr Gary Whiteley , Chair of Governing body, will have specific governor responsibility for overseeing the management of the hydrotherapy pool.

***NORTH RIDGE HIGH SCHOOL***

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# Hydrotherapy Pool Policy

Part Three out of Four parts and 2 appendices.

## Risk Assessment

Potential risk in excess of tolerable	Who ?	Precautions to reduce risk to tolerable level
Floors can become slippery when wet	All	Dependent users to read or be told to walk in small steps and have hands ready to cushion a fall. <u>Danger signs should be visible and staff and students should be made aware of them.</u> Excess water should be dried up as soon as possible in areas such as changing areas and reception areas.
No barrier in front of entrance- user run in and fall	Users	Responsible adults to be fully in control of dependants upon entry- warning sign on door
Falling on cover and getting wrapped up	All	Cover removed immediately upon opening the room for use and whilst cleaning. No pupils allowed under any circumstances when cover is on.
Staff in the pool-room on their own.		Staff working alone are to take no risks and to keep centre of gravity over 0.5 metre from pool and face the pool at all times when within 2 metres from edge during maintenance. Staff working alone should notify a senior member of staff if they are in the pool room.
Foreign bodies being brought onto the poolside	All	Outdoor shoes must not be worn without overshoes within pool area and wheelchair wheels must be checked for grit and dirt before entering the poolroom.
Overcrowding could lead to trips and falls	All	Where possible wheelchairs walkers or frames in excess of two should be left in the corridor and positioned to cause minimum obstruction.
Goggles	All	Not to be used unless there is a medical reason.
Specific Medical Conditions- especially related to exposure to heat	All	Complete the "Use of the Hydrotherapy Pool Assessment checklist"- If in any doubt seek medical advice BEFORE using the pool. Always follow medical advice. Prescribed asthma inhalers to be readily available.
Temporary Medical conditions	All	If any user has a temporary medical condition the "Health Today" form must be completed and the risks assessed.
Users with Challenging Behaviour	All	Consult and follow the user's Promoting Positive Behaviour Plan. If the user is demonstrating antecedents of challenging behaviour or experiencing a period of frequent episodes of challenging behaviour- <b>DO NOT USE THE POOL</b> . Where pupils have exhibited challenging behaviour within the previous week a separate risk assessment for use of the pool must be completed, agreed by SMT and followed.
Users with fear of the water	All	All users must only use the pool on a voluntary basis. No user must be made to enter the poolroom or the pool against their will. A risk assessment is necessary if user is wishing to overcome fear.
People with long hair- could obscure vision or be pulled	All	Long hair must be tied back- a risk assessment may indicate the use of a cap if pupils have a history of pulling hair.
Long finger nails/toenails- scratch hazard	All	All staff assisting to be aware of need to avoid nails. If pupil intends to injure go through school channels of communication to ask parents to cut nails and make safe.
Staff unable to see clearly due to lack of lenses/glasses	All	Staff with impaired vision not to be relied upon for spotting purposes and if helping in pool to make other staff aware of limited vision.
Floats and equipment in the water obscuring the view of staff	All	Staff must be aware that the use of floats and other equipment limits their ability to see what is happening in the pool. They must compensate by increasing the intensity of their observations and maintaining movement around the pool.
Contamination	All	All users users should shower in advance of using the pool.
Over tired/exhaustion blood pressure	All	The maximum time any pupil should spend in the pool at one time is 30 minutes(once accustomed). Staff may work in the pool for up to 3 hrs in a working day and should replenish fluids freely throughout the session. Drinking water to be available (Lead Responsible Adult to ensure this)



## Emergency Action Plan

### EVACUATION PROCEDURE

- staff identifying the problem raises the alarm,  
**Panic** - alarm located at each end of pool (to the left and right of the pool looking toward the window)

**Emergency Door Access Control**- lift cover and press panel(looking toward the window)

**Phone** located to the left of the pool near window (looking toward the window)

**Red alert** – use to summon staff support ( All SMT to respond to red alert pool alarm)

**Defibrillator:** it is usually safe to use an AED on a victim who is lying on a metallic, wet or other conductive surface. If the self-adhesive pads are applied correctly, and provided there's no direct contact between the user and the victim when the shock is delivered, there is no direct pathway that electricity can take that would cause the user to experience a shock. If the victim is wet, his/her chest should be dried so that the self-adhesive AED pads will stick properly.

- alarm sounds to alert staff outside the hydro pool who will immediately respond to offer assistance- for all types of alarm including Red Alert
- initial staff will remove any casualty from danger, using appropriate lifting equipment; e.g rescue board, steps or appropriate safe lifting of the casualty onto the poolside
- support team members to assist where necessary
- Other dependent users will be evacuated with staff giving assistance to dependent users, either by the steps or, if necessary, using the lifting equipment which can be used to take the dependent users to the evacuation point
- if necessary ambulance to be summoned by phone located in pool area
- staff will remain with casualty giving appropriate first aid until arrival of ambulance staff
- Blankets are located in pool store room (poolside).
- Lead Responsible adult is to ensure that no-one is left in the pool-room and that the door is locked upon exit.
- Where it is necessary to evacuate the pool all people in pool room should leave by the emergency exit door. Any persons in changing area should leave by nearest emergency exit- next to the therapy room/nurses room. No-one is to return until all clear is given by a member of NRHS SLT.
- Where it is necessary to evacuate the building the assembly point is on the playground using the MUGA (Multi Use Games Area)
- Incident/accident report forms to be completed as appropriate.

## **MINOR INCIDENTS**

(not life threatening)

the procedure to be followed:

- staff member becomes aware of incident
- staff member notifies others in team that they have responded to an incident
- staff involved administer immediate aid or appropriate assistance
- line manager to be notified and incident report to be filled out

## **MAJOR EMERGENCY**

### **FIRE**

- See school Fire policy and procedures. Evacuate pool and building – procedure above

### **EMISION OF TOXIC GAS**

- Activate alarm and evacuate pool-room and seek line manager advice on need to evacuate building

### **HEAD INJURY**

- all head injuries to be treated seriously and to receive first aid
- if there is a doubt of the severity an ambulance will be called and appropriate first aid will be given by staff until their arrival

### **SEIZURE WHILST IN THE WATER**

Knowledge of each individual pupil's epilepsy protocol and management is necessary.

- Lead responsible adult must be aware of all dependent users who have epilepsy (see Annual "Use of Hydrotherapy Pool" Assessment).
- Support the person to keep their airway above the water until the seizure ends.
- Activate the Panic Alarm/Red Alert
- Evacuate the pool – procedure above.
- Give rescue medication as directed in pupil's health plan.
- If the person's airways remain above the water at all times then the incident should simply be recorded in the person's epilepsy log.

### **LACK OF SWALLOW REFLEX**

- Lead responsible adult must be aware of all dependent users who do not have a swallow reflex (see Annual "Use of Hydrotherapy Pool" Assessment).
- Dependent users without swallow reflex and who are physically unable to support themselves must be supported with airways clear of the water at all times.

### **USER SUSPECTED OF INHALING WATER**

This may be due to lack of swallow reflex or the possibility of a seizure in the pool.

- If there is a significant risk that a pupil has inhaled any water, no matter how small an amount, an ambulance must be called immediately.

### **DISORDERLY BEHAVIOUR**

- any behaviour which is likely to significantly increase risk must be stopped immediately- if this fails use telephone or Red Alert to call for help or alarm if danger is immediate.
- The pool will be evacuated if behaviour persists
- All incidents of challenging behaviour leading to increased risk must be recorded on the School's Behaviour Incident reporting Sheets and passed to the Head teacher.



- staff should not be drawn from their principal duty of pool supervision

#### **REFUSAL TO LEAVE POOL OR AGGRESSIVE BEHAVIOUR IN POOL**

- Call a Senior Member of Staff and ensure room lights on.
- Evacuate pool of all other dependent users and turn off all lighting effects, music etc
- Staff to avoid physical confrontation in the water and leave the pool in the case of aggression or physical confrontation
- Adult with relevant resuscitation training to remain on pool side observing pupil but (unless stated otherwise on behaviour management plan) to avoid interaction. Other staff will be called to deal with behaviour.
- Support staff to be based in changing area and ensure they can monitor the situation in order to intervene if necessary.
- Staff will wait for user to conform.

#### **LIGHTING OR STRUCTURAL FAILURE**

- Evacuate Pool-room- procedure above



***NORTH RIDGE HIGH SCHOOL***

**Hydrotherapy Pool record of use and agreement to abide by school policy.**

Appendix: Categories for signing for use of the pool

Date and time	I have read, understood and agree to abide by the Hydrotherapy Pool Policy and I agree to be the “Lead responsible adult” for this group. <b>(one person to sign)</b>	I have read, understood and agree to abide by the Hydrotherapy Pool Policy as a responsible adult. I have completed the “use of hydrotherapy pool assessment” within the last year and I am fit to use the pool. <b>(all other adult helpers to sign here)</b>	Please list the “dependent users” of the pool for this session. The Lead Responsible Adult has ensured that all these users have completed “Use of Hydrotherapy Pool assessment sheets”, within the last year have completed the “health today” checklist if necessary. They have signed permission from their parents/carer.		
			Pupil	Time in	Time out
		○ ○ ○ ○			
		○ ○ ○ ○			
		○ ○ ○ ○			
		○ ○ ○ ○			
		○ ○ ○ ○			



## ANNUAL "USE OF HYDROTHERAPY POOL" ASSESSMENT

NAME:.....

DOB:.....

DATE OF ASSESSMENT:..... DOCTOR/CONSULTANT:.....

Actions required to make risk tolerable

CONTRA INDICATIONS		For staff use only
Unstable heart conditions	Yes / No	
Shortness of breath when lying flat	Yes / No	
Diarrhoea and vomiting	Yes / No	

PRECAUTIONS		For staff use only
Other cardiac conditions	Yes / No	
Epilepsy	Yes / No	
Faecal incontinence	Yes / No	
Renal problems	Yes / No	
Diabetes	Yes / No	
Hypertension/hypotension	Yes / No	
Lack of Swallow Reflex	Yes / No	
Ongoing respiratory disease e.g. asthma/bronchitis	Yes / No	
Skin sensitivity / condition	Yes / No	
Acute fear of water	Yes / No	

METHOD OF ENTRY		For staff use only(also see individual pupil hydro programmes)
Hoist	Yes / No	
Steps	Yes / No	

MOBILITY		For staff use only
Wheelchair	Yes / No	
Frame	Yes / No	
Crutches/stick	Yes / No	
Walking with some instability	Yes / No	
Independent	Yes / No	
Weight over 22 stone	Yes / No	

Parents/carers should simply circle the appropriate word: Yes or No for each condition.

**Complete a new form if any of this information changes during the year.**



Form completed by: ..... Signed: .....

Date: .....

## ***HEALTH TODAY- HYDROTHERAPY ASSESSMENT***

This assessment must be completed for each time temporary medical conditions occur. Once completed the assessment on the form must be followed until the condition is resolved.

NAME:.....

DATE OF THIS ASSESSMENT:.....

All the information provided on the Annual "Use of Hydrotherapy Pool" Assessment remains true. If any of this information changes I will complete another form.

Signed: .....

My temporary medical condition is as follows:

Temporary Condition	Risk?	Action required to make risk tolerable
Suffering a Temperature	Yes / No	
Diarrhoea and vomiting	Yes / No	
Contagious viral infection e.g. verrucae	Yes / No	
Contagious fungal infection e.g. athletes foot	Yes / No	
Ear infection / perforated ear drum	Yes / No	
Respiratory disease, chest infection, bronchitis	Yes / No	
Skin or wound infection	Yes / No	
Other- give details:	Yes / No	

TO BE SENT ON HEADED NOTE PAPER

Dear Parent/Carer

**Re: The use of the Hydrotherapy Pool**

The school has a strict policy on the use of the Hydrotherapy Pool. It is a heated pool not intended for purely recreational use and can only be used for the following purposes:

- Developing and following hydrotherapy programmes under the direction of a physiotherapist.
- Providing mobility opportunities for people with otherwise limited mobility including developing swimming skills for such people.
- Providing sensory stimulation for people with profound and multiple learning difficulties
- Providing remedial therapy to contribute to physical recovery
- Providing communication opportunities for pupils with communication difficulties

It essential to ensure that the health of people using the pool is not adversely affected by the considerable heat that people experience during use. If you know of any reason why a user may be harmed you must let us know immediately. If in any doubt please seek the advice of your doctor.

People will not be allowed to use the pool unless the “Use of Hydrotherapy Pool” Assessment is completed and sent to school each year. If any information on this form changes over the year you must let school know immediately. We *also* need to know if there are any temporary medical conditions that may impact on the health of users of the pool for example:

- Contagious viral infection e.g. verrucae
- Contagious fungal infection e.g. athletes foot
- Ear infection / perforated ear drum
- Skin or wound infection

In particular if the person is:

- Suffering a Temperature
- Respiratory disease, chest infection, bronchitis
- Has had a temporary rise in blood pressure
- Has any reason to become dehydrated more quickly or severely

- Or any other temporary medical condition

It may be that the person should not use the pool with this condition or that they can still use the pool but that we need to take additional precautions. In any case the school must be notified immediately.

If your child has had vomiting or diarrhoea they must not use the pool for 48hrs after the last bout of illness. Please let us know immediately.

Please circle the appropriate answer in the Yes/No column and return the form attached to this letter as soon as possible. Do not fill in the additional column as this is for school/medical staff to complete. Thank you for helping to maintain the health and safety of everyone involved.

Yours sincerely

Gill Foord



Date:

Dear Parent/Carer

**Re: The Hydrotherapy Pool**

**Pupil:**

We are very pleased to have our own Hydrotherapy pool at North Ridge.

The pool will be used by physiotherapist for individual therapy programmes and may also be used by the class staff for communication or sensory programmes.

We would like your son/daughter to benefit from this.

If this is the first time that your son/daughter has used a hydrotherapy pool you may wish to speak to your doctor to make sure that they are fit enough to use the pool.

**We need you to fill in the "Use of Hydrotherapy Pool" Assessment and send it to school.**

It will be reviewed each year. If any information on this form changes over the year you must let school know immediately. We *also* need to know if there are any temporary medical conditions that may impact on the health of users of the pool for example:

- verrucae
- athletes foot
- Ear infection / perforated ear drum
- Skin or wound infection

Please also let us know if your child :

- Has a raised temperature
- Has a respiratory disease, chest infection, bronchitis
- Has had a temporary rise in blood pressure
- Has any reason to become dehydrated more quickly or severely

- Or any other temporary medical condition

It may be that your son/daughter should not use the pool with this condition or that they can still use the pool but that we need to take additional precautions. In any case the school must be notified immediately.

**If your child has had vomiting or diarrhoea they must not use the pool for 48hrs after the last bout of illness. Please let us know immediately.**

Please circle the appropriate answer in the Yes/No column and return the form attached to this letter as soon as possible.

Yours sincerely

Gill Foord