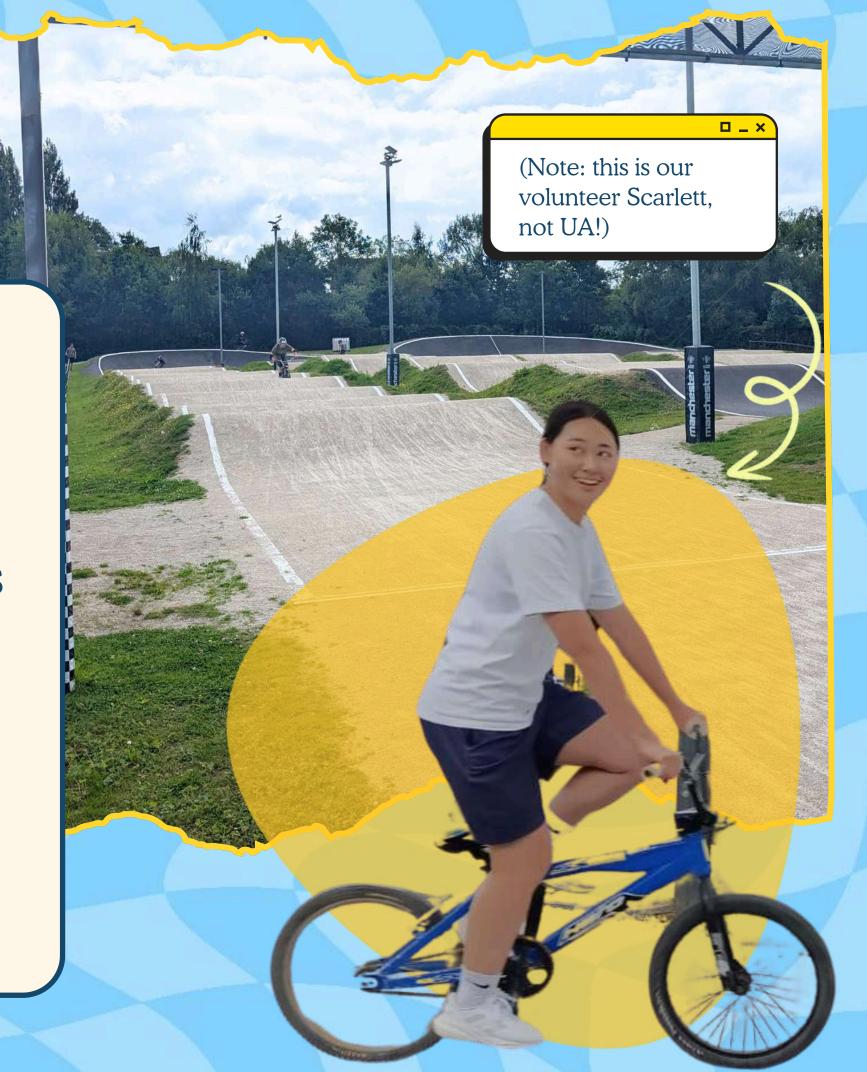


#### Case Studies

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UA could not ride a bike before this summer. Seeing there was a supported and inclusive session on offer he could go with his brother, he decided to give MCR Social's BMX sessions a try.

After two sessions he was able to balance and cycle by himself, and even had a go at the track! He says he will definitely want to continue cycling in future.







NC is autistic and has a learning disability, struggles to communicate verbally and finds it hard to socialise and make friends his own age.

He told us 'having fun' and 'meeting new people' were his favourite parts of MCR Social - he said he always felt included and welcomed to join in so that he wouldn't be left out, and fed back that he feels more confident now. One boy asked him if he wanted to be friends!

It has been brilliant! The gaming centre, the track, (the Zip world session), yeah, it is very good!

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MC is autistic and doesn't always feel motivated to go out and do new things, because so often they are stressful and isolating. He often quits new clubs his mum finds for him, preferring to stay at home.

He came to 5 different Summer Sessions, saying he enjoyed them, found the environments inclusive, and has discovered new places in Manchester he's enjoyed. He's even been going to these venues since himself, choosing to spend his time out and about in Manchester! His mum has told us many times how happy she also is to see him going out more.

### Case Studies





[When asked to describe MCR Social]

It's amazing, because you can meet new friends. I feel like it is really fun to do more different activities than the same stuff all the time. I feel like, I have been to lots of different (things), but this is more better, because it is not that crowded, it makes me feel happy

## Partnerships





















# Quotes (YP)

I improved my goalsetting skills

Invigorating, satisfying - better than sitting indoors and doing nothing, and then the activities themselves, they are not basic, they are different, you can get out of your comfort zone

#### Quotes (Parents)

I just wanted to say thankyou. I really appreciate all the hard work that has gone into making these amazing sessions! The sessions have been brilliant and a fantastic range of activities. The staff we met were very friendly and I felt confident leaving my children for sessions. One of my sons rarely attends social activities outside of the family, he enjoyed the sessions so much and it was lovely to see him gaining confidence, talking to others and trying new activities. Thankyou!



