

# YOUNG PEOPLE'S WELL BEING GROUP



FOR YOUNG  
PEOPLE WITH A  
DISABILITY AGED  
14-24

**Every Monday**

**6:00pm to 8:00pm at  
422 Community Hub**

**Manchester, M12 4EX**

**Activities include:**

**Arts and Crafts**

**Cooking**

**Healthy living**

**Meeting new people**

**Evenings Out**

**Workshops**

**Taking part in  
consultations and  
having your say**



**For more details contact Kerry**

**07815 922910**

**[enquiries.yorkshire@kids.org.uk](mailto:enquiries.yorkshire@kids.org.uk)**

**[www.kids.org.uk](http://www.kids.org.uk)**

