

Four Week Menu



	MONDAY	TUES	WED	THURS	FRI
WEEK ONE	<p>Tomato and Mascarpone Pasta Bake with Garlic Bread (v)</p> <p>Three Cheese Flan with New Potatoes and Vegetables(v)</p> <p>Salad Bar</p> <p>Jacket Potato with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts or Fruit Salad</p>	<p>Cantonese Beef Strips with Rice</p> <p>Sweet and Sour Vegetables with Rice (vegan)</p> <p>Salad Bar</p> <p>Jacket Potato with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts or Fruit Salad</p>	<p>Thai Green Chicken Curry served with Rice</p> <p>Kerali Cauliflower, Sweet Potato, Spinach and Lentil Curry served with Rice and Naan(vegan)</p> <p>Salad Bar</p> <p>Jacket Potato with Beans and Cheese or Tuna</p> <p>Hot and Cold Desserts of the Day or Fruit Salad or Home Made Biscuits or Yoghurts</p>	<p>Beef Lasagne with Garlic Bread Home Made Cheese and Onion Pie served with Mashed Potatoes and Vegetables (v)</p> <p>Salad Bar</p> <p>Jacket Potato with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts or Fruit Salad</p>	<p>Hand Battered Cod Served with Chips, Mushy Peas and Chip Shop Sauce</p> <p>Chicago Pizza served with Chips and Beans(v)</p> <p>Salad Bar</p> <p>Jacket Potatoes with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts</p>
WEEK TWO	<p>Red Thai Vegetable Curry served with Rice (vegan)</p> <p>Moving Mountains Veggie 'No Chicken Burger served with Seasoned Crispy Cubed Potatoes</p> <p>Salad Bar</p> <p>Jacket Potato with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts</p>	<p>Beef and Chorizo Pasta Bake served with Garlic Bread</p> <p>Quorn Lasagne served with Garlic Bread (v)</p> <p>Salad Bar</p> <p>Jacket Potato with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts</p>	<p>Cumberland Sausages with Yorkshire Pudding, Mash, Veg and Gravy</p> <p>Chana Dhaal Karahi with Rice and Naan (vegan)</p> <p>Salad Bar</p> <p>Jacket Potato with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts</p>	<p>Home Made Meat and Potato Pie with Mashed Potatoes and Vegetables</p> <p>Cheese Pasty with Mashed Potatoes and Vegetables (v)</p> <p>Salad Bar</p> <p>Jacket Potato with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts</p>	<p>Hand Battered Cod Served with Chips, Mushy Peas and Chip Shop Sauce</p> <p>Chicago Pizza served with Chips and Beans(v)</p> <p>Salad Bar</p> <p>Jacket Potatoes with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts</p>
WEEK THREE	<p>Sweet and Sour Vegetables with Rice (vegan)</p> <p>Macaroni Cheese (v)</p> <p>Salad Bar</p> <p>Jacket Potato with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts</p>	<p>Beef Lasagne with Garlic Bread</p> <p>Veggie Burger served with Seasoned Wedges (vegan)</p> <p>Salad Bar</p> <p>Jacket Potato with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts</p>	<p>Chicken Tikka Masala with Rice and Naan Bread</p> <p>Veggie Spring Rolls with Sweet Chilli Sauce and New Potatoes (v)</p> <p>Salad Bar</p> <p>Jacket Potato with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts</p>	<p>Chicken Kiev with Mashed Potatoes and Vegetables</p> <p>Home Made Cheese and Onion Pie served with Mashed Potatoes and Beans (v)</p> <p>Salad Bar</p> <p>Jacket Potato with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts</p>	<p>Hand Battered Cod Served with Chips, Mushy Peas and Chip Shop Sauce</p> <p>Chicago Pizza served with Chips and Beans(v)</p> <p>Salad Bar</p> <p>Jacket Potatoes with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts</p>
WEEK FOUR	<p>Big Tasty Fish Cakes on a Bun with Seasoned Crispy Cube Potatoes</p> <p>Vegetable Korma with Rice and Naan Bread</p> <p>Salad Bar</p> <p>Jacket Potato with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts</p>	<p>Chicken and Green Pesto Pasta with Garlic Bread</p> <p>Quorn Swedish Meat Balls with Pasta and Garlic Bread (vegan)</p> <p>Salad Bar</p> <p>Jacket Potato with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts</p>	<p>Italian Meatballs with Pasta and Garlic Bread</p> <p>Sweet Potato, Spinach and Cauliflower Curry with Basmati Rice and Naan Bread (vegan)</p> <p>Salad Bar</p> <p>Jacket Potatowith Cheese and Beans or Tuna</p> <p>Hot and ColdDesserts of the Day or HomeMade Biscuits or Yoghurts</p>	<p>Beef Curry with Basmati Rice and Naan Bread</p> <p>Cheese and Onion Pasty Served with New Potatoes and Beans (v)</p> <p>Salad Bar</p> <p>Jacket Potato with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts</p>	<p>Hand Battered Cod Served with Chips, Mushy Peas and Chip Shop Sauce</p> <p>Chicago Pizza served with Chips and Beans(v)</p> <p>Salad Bar</p> <p>Jacket Potatoes with Cheese and Beans or Tuna</p> <p>Hot and Cold Desserts of the Day or Home Made Biscuits or Yoghurts</p>