



# Parent & Carer Information

Information for students and their parents/carers about support services available to families as well as learning and development opportunities for young people.



# Support Organisations

This section has information on support services and organisations.

## Our Service

Talbot House is a support centre for parents and unpaid carers of children and adults who have severe learning/physical disabilities who live in Manchester. We have supported parents and carers for over 43 years and during that time we have helped thousands of families and changed the lives of many for the better. Today this “one stop shop” continues to meet the growing need for advice, information, advocacy, and most important emotional and social support.

**We are here to improve the quality of life for parent carers of people with learning disabilities.**

**GET IN TOUCH**  
And see the difference we could make to your life

Open Monday - Friday (10am - 3pm)

**0161 203 4095**



Follow us on Facebook and Twitter

<http://www.facebook.com/talbothouse>

<http://twitter.com/talbothousemcr>

<http://www.talbot-house.org.uk>

Email - [admin@talbot-house.org.uk](mailto:admin@talbot-house.org.uk)



## We Offer

- One to one support
- Information about money and benefits
- Brief Intervention
- Help with form filling, letter writing etc.
- Training for carers
- Emotional and wellbeing support
- Thrive Service for older Parent Carers
- And much more ...

## Social and Wellbeing Services

- Carer's lunches
- Day trips out
- Pampering - nail bar, massage and beauty treatments



## Talbot House Thrive service for Older Parent Carers

### What THRIVE is about?

Thrive exists to provide support to older parent carers of people with learning disabilities. We are here to help you and your loved ones thrive right now and in the future, in the way that you choose.

### Who does THRIVE Support?

Any parent carer of a person with a learning disability and their families. It doesn't matter if you are doing just fine or struggling. We are here to help.

### What kind of support do we offer?

Everyone is different, so you tell us! To give some examples, we have helped people to get extra support, find things for their child, plan financially, and even get better accommodation.

### How does THRIVE work?

#### First

We listen to you and deal with any immediate problems.

#### Then

We listen some more, learn about you and learn from you before working with you to look at the bigger picture.

#### Finally

Together we find practical solutions for the things that matter to you or that you are worried about.

### WE OFFER

#### Information and advice:

Financial planning including wills  
Keeping healthy  
Building a circle of support for both parent & child  
Or you name it!

#### Services:

Emotional support  
Home visits  
Sign posting  
Form filling advocacy and advice  
Information and advice  
Befriending social events



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Supporting Parent Carers Over 50

**GET IN TOUCH**

And see the difference we could make to your life

fran.crake@talbot-house.org.uk  
[www.talbot-house.org.uk](http://www.talbot-house.org.uk)

# Information Advice and Support Manchester



- IASM offers information, advice and support to children, young people and parents/carers about special educational needs and disabilities (SEND). This includes health and social care where it is linked to education.
- For more information visit the website:
- <https://www.iasmanchester.org/>



*DC Claire Leonard is the Cyber Crime Prevent Officer for Greater Manchester Police. Her aim is create awareness and to educate young people, parents, partner agencies and educational establishments about the dangers of Cyber-crime, the Computer Misuse Act 1990 and to positively divert young people towards exciting career opportunities. Claire also includes information to educate members of the public on how to stay safe from the threat of cybercrime.*

*Claire offers Cyber Prevent presentations, Cyber quizzes and is keen to have a stand at events to spread the Cyber Prevent message.*

*If you would like to speak to Claire about any of the above or you have concerns about a particular person then please contact her at [Cyber.crime@gmp.police.uk](mailto:Cyber.crime@gmp.police.uk)*



All sessions run term time only, charges may vary, limited transport with Ring & Ride is available on selected clubs



Most groups are part of the short breaks project for Disabled children/young people.

To request a place phone The contact team on  
0161 234 5001

Or, For more information please contact Kay on  
0161 230 1420



Short Breaks Network



MANCHESTER  
CITY COUNCIL

## Short Breaks/Konnect Clubs Activity Information

Clubs for children, young people & adults with disabilities



Short Breaks Network



MANCHESTER  
CITY COUNCIL

# Community Learning Disability Teams



**Manchester Local  
Care Organisation**

Leading local care, improving  
lives in Manchester, with you



Community Nursing, Occupational Therapy, Physiotherapy, Psychology and Behavioural Support Speech and Language Therapy & Psychiatry



# Community Learning Disability Teams



**Manchester Local  
Care Organisation**

Leading local care, improving  
lives in Manchester, with you

Read the attached booklet or  
contact us for more information



## **North Team**

**0161 861 2958**

Crescent Bank  
Humphrey Street  
Crumpsall  
M8 9JS

## **Central Team**

**0161 219 2555**

Hulme District Office  
323 Stretford Road  
Hulme  
M15 4UW

## **South Team**

**0161 219 6022**

Etrop Court  
Rowlands Way  
Wythenshawe  
M22 5RG

# Greater Manchester Coalition of Disabled People

- GMCDP is a Disabled People's Organisation, which means it is controlled and run by disabled people only. GMCDP aims to promote the independence and inclusion of disabled people in society, and to challenge the discrimination disabled people face.
- For more information contact:  
<https://gmcdp.com/>



# 4CT Limited

- 4CT is charity in Manchester that offers a range of clubs and sessions for children with disabilities, activities include arts and crafts, sports and games – aiming to provide lots of fun and laughter in a caring and supportive environment.

- For more information contact:

Telephone 0161 230 1420

Email [info@4ct.org.uk](mailto:info@4ct.org.uk) Additional Notes

Facebook @4CTLimited

Twitter @4CT



4CT Limited



# Breakthrough UK

- Breakthrough UK is a Manchester based disabled people's organisation. We are led by disabled people and we support other disabled people to work and live independently.
- Visit the website for more information:  
<https://www.breakthrough-uk.co.uk/>

# Manchester Shared Lives

- Manchester Shared Lives is a service offering a range of accommodation solutions for people with a disability, a sensory impairment or a mental health issue.
- <https://hsm.manchester.gov.uk/kb5/manchester/directory/service.page?id=L8pJDX7xpbU&directorychannel=3-6>



# AJ's Academy

- AJ's Academy is an exceptionally different, independent service for adults with learning difficulties. We are a professionally trained and competent service providing individuals with an excellent array of activities and opportunities.
- Telephone: 0161 222 6011
- E-mail: [manager@ajsacademy.co.uk](mailto:manager@ajsacademy.co.uk)







Home-Start helps families with young children deal with whatever life throws at them. We support parents as they learn to cope, improve their confidence and build better lives for their children.

For more information contact:  
<https://www.home-start.org.uk/>

# Home Start Manchester

# Career Connect



- Career Connect provides independent, impartial information advice and guidance for students, parents and careers at Northridge High School.
- For more information email: [steven.leach@careerconnect.org.uk](mailto:steven.leach@careerconnect.org.uk)

# Workfit

- Workfit supports people with Down's syndrome to access meaningful work opportunities
- For more information contact:  
<http://www.dsworkfit.org.uk/>





# Leonard Cheshire

- Leonard Cheshire is a charity supporting individuals to live, learn and work as independently as they choose, whatever their ability.
- For more information contact the website: <https://www.leonardcheshire.org>

# TJ's Interact Adult Daycare

- Tjs Interact brings people together to enjoy daily activities but more importantly to enjoy day trips out they may not get the chance to enjoy otherwise.
- For more information visit:  
<http://search3.openobjects.com/kb5/manchester/directory/service.page?id=8UqbgX3R5ok&directorychannel=3-4>





Transport  
Greater M

## Ring & Ride

- Ring & Ride is an accessible, low-cost minibus service for people who have difficulty in using public transport.
- For more information visit the Ring & Ride website:

<https://tfgm.com/public-transport/ring-and-ride-minibuses>





# Manchester Youth Zone

- The Manchester Youth Zone is a charity run youth centre which gives anyone aged 8-21 (up to 25 for those with additional needs) somewhere to go, something to do, and someone to talk to.
- For more information visit the website: <https://www.manchesteryz.org/>





# Education and Training Providers

This section has information on support on education and training providers.



# Bridge College

- Bridge College is a non-residential specialist FE college which meets the needs of students up to the age of 25 years with learning difficulties and disabilities, complex needs, communication disorders and autism.
- For more information visit:  
<https://www.togethertrust.org.uk/bridge-college>



# Pure Innovations

- Pure Innovations offer a variety of support and projects tailored to help people with a learning disability make the most out of their skills and abilities. They run a range of programmes from supported employment to activities, projects and travel training.
- For more information visit the website: <https://www.pureinnovations.co.uk/>



## Seashell Trust

- The Seashell Trust is home to the Royal School Manchester, a non-maintained special school, and the Royal College Manchester, an independent specialist further education college. Both school and college are residential and together cater for students from the age of 2 to 25. Students who attend our school and college are able to access on site residential and short break facilities. The Seashell Trust also offer short break facilities to children and young people who do not have an education placement here at Seashell Trust.
- For more information visit the website: <http://www.seashelltrust.org.uk/>



# Derwen College

- Derwen College works with young people with learning difficulties and disabilities, providing inspirational learning, development and care to enable the achievement of aspirations which transforms lives.
- For more information visit:  
<https://www.derwen.ac.uk/>





# The Manchester College

- Manchester College is a provider of 16-19 education in Greater Manchester. The Manchester College offers a range of courses including Entry level and Foundation courses.
- For more information visit: <https://www.tmc.ac.uk/>

# Hopwood Hall College

- Hopwood Hall College is a provider of 16-19 education in Greater Manchester. The college offers a range of courses including Entry level and Foundation courses.
- For more information visit the website:  
<https://www.hopwood.ac.uk/>



# Loreto College

- Loreto College is a provider of 16-19 education in Manchester. The college offers provision for young people with SEND.
- For more information visit the website:  
<https://www.loreto.ac.uk/courses/>



# Chatsworth Futures

- Chatsworth Futures is an Independent Specialist College which serves young people aged between 19 and 25 years who have severe learning difficulties, profound and multiple learning difficulties and autism.
- For more information visit: <https://www.chatsworthfutures.org.uk/>

