



E-Safety guide

for

parents
bulge



E-safety unique

Be SMART online

stay safe online

Remember the 5 SMART rules when using the internet and mobile phones.



SAFE: Keep safe by being careful not to give out personal information – such as your full name, email address, phone number, home address, photos or school name – to people you are chatting with online.



MEET: Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.



ACCEPTING: Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!



RELIABLE: Information you find on the internet may not be true, or someone online may be lying about who they are. Make sure you check information before you believe it.



TELL: Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.



At Northridge we have introduced an E-Safety curriculum.

This will be taught within Computing lessons in Key Stage 4 and 5 and within Carousel lessons within Key Stage 3.

We have based our curriculum upon the SMART E-Safety initiative.

You can find out more information about SMART at the following website:

www.childnet.com



Facebook

Overview

Facebook is a social network, which lets you create a profile page about yourself. You can add friends, share pictures and videos, live stream, write on people's pages, send instant messages and join online groups.



Age

Facebook say that the minimum age to join is 13. This checked on sign up when people enter their birthday. It is easy for this to be faked.



What to do if you receive abuse or see inappropriate content

If you are abused or see anything inappropriate then you can use Facebook's own reporting system by clicking the report button and following the steps provided.

If the abuse continues then take screenshots of the abuse you have received and contact the police with this evidence.

For more information visit the Facebook support page.



Privacy on Facebook

It is important that the privacy settings are set to the highest level in order to keep your child safe whilst they are using Facebook.

To do this go on the privacy settings on your profile and put them all to the highest level that they can be. This will ensure that only people you know can view your profile that is on Facebook.

For more information visit

<https://www.facebook.com/help/124768544269860?sr=8&query=Privacy%20settings&sid=0UEwsJIfHK2kHFcs#/!/help/325807937506242/>



How can I help keep my child safe?

Here are some ways that you can keep your child safe on Facebook

1. Be able to access their account and check what they are doing by knowing their email address and password.
2. Be friends with your child so that you can monitor what is happening.
3. Only let them access Facebook when you are present so that you can monitor what is happening



Snapchat

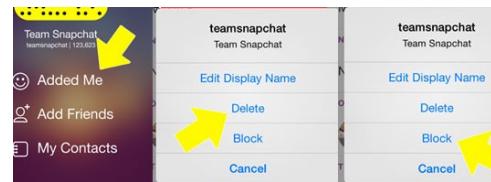
Overview

Snapchat is an app that lets you send a photo or short video to your friends. The 'snap' appears on screen for a matter of seconds before disappearing. There's also a feature called Snapchat Story that lets you share lots of snaps in a sequence for up to 24 hours.

13+

Age

Snapchat say that the minimum age to join is 13. This checked on sign up when people enter their birthday. It is easy for this to be faked.



What to do if you receive abuse or see inappropriate content

You have the option to report, block or remove someone as a friend. You can also report individual 'Stories' (videos) and choose from a list of options as to why you're reporting



Privacy on Snapchat

Accounts are set to private so that only friends can see your 'snaps'.

In settings, under the 'additional services' section you can also edit who can contact you, view your 'Stories' and see your location.

Snapchat has a feature called 'Snap Map' that tracks your exact location so your friends on the app can see where you are. Your location automatically updates when you open the app. You can edit who you share your location with or disable this feature completely in settings. We recommend that you turn on 'ghost mode' so that your child's location is hidden.



How can I help keep my child safe?

Here are some ways that you can keep your child safe on Snapchat

1. Be able to access their account and check what they are doing by knowing their password.
2. Make sure that your child only has 'real' friends on their snapchat.
3. Ensure that your child treats everyone on snapchat with respect and discuss with your child about what they are sharing.



WhatsApp

Overview

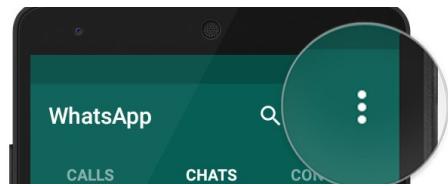
Whatsapp is an instant messaging app, which lets you send messages, images and videos to friends. You can have one to one and group conversations.

16+

Age

WhatsApp's minimum age is 16 however this is not checked when the app is downloaded.

If WhatsApp learns that identifiable information of a child under 16 has been collected on the WhatsApp Site or WhatsApp Service, then WhatsApp may deactivate the account.



What to do if you receive abuse or see inappropriate content

You can block specific contacts from interacting with you on WhatsApp. If you block someone, they can no longer send you a message, however you will need to delete someone as a contact in your phone book if you want them not to see your profile on WhatsApp.

You can report content to WhatsApp, although they state it is better to go to law enforcement if you believe your safety, or someone else's safety is at risk.



Privacy on WhatsApp

Normally if you know someone's phone number, it can be easy to find out if they are on WhatsApp or not. To control who can find your profile picture and your status, or when you were last online, there are privacy settings that can be adjusted so either 'everyone' on WhatsApp can see your profile picture, just 'your contacts' which are the contacts in your phone book, or nobody.

It is important to know that you can be added to group chats with people that you do not know and even previously blocked contacts. You can choose to leave these groups at any time.



How can I help keep my child safe?

Here are some ways that you can keep your child safe on WhatsApp

1. Look at the messages that your child is sending and receiving on WhatsApp by checking their mobile phone.
2. Make sure that your child only has 'real' friends on their WhatsApp.
3. Ensure that your child treats everyone on WhatsApp with respect. Talk to them about who they are messaging and what they are sharing.



Instagram

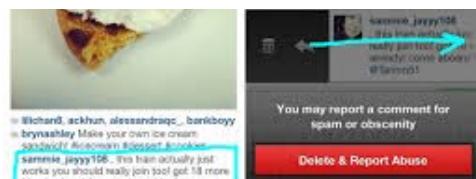
Overview

Instagram is a picture and video sharing app. Users can post content on their profile grid or to their stories, which last 24 hours. You can follow your friends, family, celebrities and companies on Instagram. Instagram also has a live streaming feature.



Age

Instagram has a minimum age of 13 however this is not checked. If Instagram can confirm that an account is used by someone under 13 then they will delete the account.



What to do if you receive abuse or see inappropriate content

To block another account or report images, videos or comments that are upsetting, you just need to click on the three dots in the top right hand corner.

You can also contact the police if you receive or see anything that you think is illegal.



Privacy on Instagram

Instagram accounts can be set to private so only people who follow you can see your posts. You have to approve all follow requests.

Instagram also has a function that lets you restrict who can comment on your posts or turn off comments completely.

The app's default setting for location sharing is off but you should always double check this in settings.



How can I help keep my child safe?

Here are some ways that you can keep your child safe on Instagram

1. Be able to access their account and check what they are doing by knowing their email address and password.
2. Be friends with your child so that you can monitor what is happening.
3. Only let them access Instagram when you are present so that you can monitor and discuss what is happening



Twitter

Overview

Twitter is a messaging service that lets you post public messages called tweets. These can be up to 140 characters long. As well as tweets, you can send private messages. Brands and companies can also have Twitter accounts.

13+

Age

Twitter has a minimum age of 13 however this is not checked. If Twitter can confirm that an account is used by someone under 13 then they will delete the account.



What to do if you receive abuse or see inappropriate content

If you receive abuse on Twitter then you can block the user that has sent the abuse. If you continue to receive abusive messages than you can contact Twitter via the report button and then following the onscreen instructions

You can also contact the police if you receive or see anything that you think is illegal.

For more information visit

<https://support.twitter.com/articles/20169998>



Privacy on Twitter

On Twitter you can choose whether your posts are public or protected. It is recommended to protect your posts so only people that you accept can see them.

You can also choose to send direct messages that only the person you have chosen will be able to see.



How can I help keep my child safe?

Here are some ways that you can keep your child safe on Twitter

1. Be able to access their account and check what they are doing by knowing their email address and password.
2. Follow with your child so that you can monitor what is happening.
3. Only let them access Twitter when you are present so that you can monitor what is happening



YouTube is a place to watch, create and share videos. You can create your own YouTube account, make a music playlist, and even create your own channel, which means you will have a public profile, and it allows you to comment on videos and create video playlists. For younger children there is a separate YouTube for Kids site, with child friendly videos.



Age

YouTube has a minimum age of 13 with parental permission. YouTube work of a trust premise that you will provide accurate information on sign up.

You can enable 'Restricted Mode' on an account to help block out content children might find upsetting. Some of the content on YouTube is age-restricted and can't be watched by anyone below the age of 18.



What to do if you receive abuse or see inappropriate content

You can disable comments on your videos to stop people leaving comments.

You can report videos on the site by selecting the three dots on the bottom right hand corner of the video and choosing 'Report'. On the app you have to hover over the video you want to report for the three dots to appear.



Privacy on YouTube

On YouTube you can choose whether your posts are public, unlisted or private. It is recommended to make your posts private so only people that you accept can see them.

This can be done via the privacy settings on YouTube.



How can I help keep my child safe?

Here are some ways that you can keep your child safe on YouTube

1. Be able to access their account and check what they are doing by knowing their email address and password.
2. Subscribe to your child's account so that you can monitor what is happening.
3. Only let them access YouTube when you are present so that you can monitor and discuss what is happening



Overview

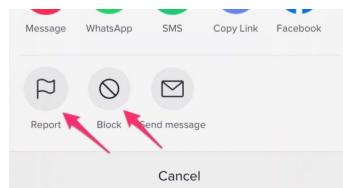
TikTok is a social media platform that allows users to express themselves through singing, dancing, lip synching and comedy in short videos that can be shared with other Tik Tok users.



Age

The minimum age for TikTok users is 13.

Under 16s are not able to send or receive direct messages from anyone, so it's important that your child signs up with their correct age.



What to do if you receive abuse or see inappropriate content

Your child might come across something upsetting or negative on TikTok. If this happens, they might want to report content or block another user.

To report another user in TikTok, you can go to settings and click 'report a problem'. You can block another user by going to their profile and clicking 'block'.



Privacy on TikTok

You can set an account to private on TikTok so only people who follow you can see the videos you post. Other users can still see your username and profile pictures.



How can I help keep my child safe?

Here are some ways that you can keep your child safe on Instagram

1. Be able to access their account and check what they are doing by knowing their email address and password.
2. Family Pairing lets you link your child's TikTok account to your own so you can help manage:
 - **Screen Time Management**
 - **Direct Messages:** who can send messages to your child's account or turn off direct messages completely.
 - **Restricted Mode:** restrict certain types of content that you think isn't appropriate for your child
3. Explore the app with your child so that you can see how they are using it.