North Ridge High School

THE HUB



Post 16 Curriculum

North Ridge High – KS5 curriculum overview

Year 1: 23/24

Year 2: 24/25

Year 3: 25/26

Maths **English** Life Skills Health and Wellbeing **PHSCE** RE Personal and Social development Manufacturing FoodTechnology

Class Nightingale - North Manchester General Hospital



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North Ridge High – Mathematics curriculum long term planning Key Stage 5

KS5 pupils access ASDAN accreditations (PSD, Employability or PP). This long term plan is intended to enable pupils to develop key functional mathematical knowledge and skills a well as support pupils in completing units for submission as appropriate.

Pupil's <u>access 1 discrete maths</u> lesson a week in KS5. Pupils are then also taught and given opportunities to develop the knowledge and skills being taught in other areas of the curriculum to apply and embed.

- 1. become **fluent** in the fundamentals of mathematics so that they are efficient in using and selecting the appropriate written algorithms and mental methods, underpinned by mathematical concepts
- 2. can **solve problems by** applying their mathematics to a variety of problems with increasing sophistication, including in unfamiliar contexts and to model real-life scenarios
- 3. can **reason mathematically** by following a line of enquiry and develop and present a justification, argument or proof using mathematical language.

To support this, discrete lessons are taught in a methodical way using the spiral curriculum approach. Teachers plan and teach for 'mastery' in maths using key **C-P-A** approaches. Pupils are given time to truly master key skills that they can then apply to high level learning in small steps. Pupils are also supported to master skills by having ample opportunities to apply new knowledge and skills in other areas of the KS5 curriculum.

Subject area	Coordinator	Approx teaching time
Maths	S.Thornton	1 x 1hr 30 discrete lesson a week



Taught on rotation as a spiral curriculum, returning to the last skills and knowledge developed in that topic area. Teachers are to use the whole school mathematic rubric that covers all levels to select key knowledge and skill targets for the topics below.

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Maths	Number:	Money	Measure:		<u>Time</u>	Money:
	Pupils will develop the following skills: Properties of number, addition, subtraction, division, multiplication, fractions. Use of number in everyday life.	Pupils will develop the following skills: Identifying coins, making amounts using coins and notes. Finding change from a given amount. Knowing what you can afford with a given amount. Using money in everyday situations.	and use this knowled length and size of ev will calculate the per	eryday object. Pupils i meter of shapes and eate a furniture plan for ht: kills to measure out ance scales, digital	Pupils will develop their understanding of time by sequencing events, understanding the days of the week/months of the year. Reading analogue & digital times. Reading timetables and learning how to manage their own time/ schedules *NOTE: The above areas cover a wide range of abilities. Select the areas your pupils are working at.	Pupils will develop skills in understanding the value of money and what they can a fforce with a given a mount. Pupils will learn to plan for the future by recognising key resources a dult must budget for – knowing what is essential and unessential.



North Ridge High - English curriculum long term planning Key Stage 5

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Friends, relationships and community	: Me and my world	Good Health: Healthy inside and out		Employment: A new start	
YEAR 1	Pupils will understand the difference in p	nsitive and negative	Pupils will explore the difference between being healthy		Punils will explore wh	at is employment and the
	friendships/relationships. Pupils will expl	and unhealthy: including eatir			ment. Pupils will learn how	
		•	health, sleep patterns. Pupils			and how to write a letter of
				·	-	te a job application form
	advertisementior a beine	nuer.	text on how to be healthy and	· ·	application/comple	te a Job application form
			healthyr			
	Independent Living: Take a break		Friends, relationships and	d community: People	Employment	t: Face to face
\/=4 = a			who hel	p us		
YEAR 2	Pupils will explore the benefits of leisure t	ime and understand			Pupils will develop their communication skills to	
	how to find facilities/activities that meet t	Pupils will explore ways in wh	ch different people in the	participate in face-to-face	e interviews. Pupils will write	
	will explore different places of interest t	o them in the local	community can help them. Pupils will recognise where to		a script for a job interview and practice having face to	
	community and write a travel guide adv	mmunity and write a travel guide advertising that place. find different sources of help. Pupils will write a guide o		Pupils will write a guide on	face ir	nterviews
			what help is a vailable	in the community.		
	Good Health: Drugs and	Bugs	Independent Livin	•	Employme	nt: This is me
YEAR 3	Pupils will explore the different types of pr	ofessionals out there	Pupils will know their own da	illy timetable and how to	Pupils will explore what sl	kills and qualities are needed
	that can help them with their physical and		manage their own time. Pupils will develop skills in			or different job roles. Pupils
	will know the purpose of these professions	•	following instructions or how	•	•	qualities they have and use
	seek help. Pupils will develop skills in askin		e.g. to book a holiday. Pupils will also focus on their			film personal statements for
	reading appointment letters, filling in	options post 19 and write a plan for what they want for			ent roles.	
	reading appointment retters, filling in	mediculionins.	their fut	•	uniere	.iic i ologi
	1	D	Pleasure – Continuation a cro	-		



North Ridge High - Life Skills curriculum long term planning Key Stage 5

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YEAR 1	Home management/ Liv	ring independently	Preparing	for work	Issues affecting	g our community
	Pupils will explore the skills ne home e.g. household cleaning doing the lar Pupils will recognise dangers i contact for different issues, somewhere to live, dealing with as tenan	g tasks, making the bed, undry. in the home and who to including how to find landlords and their rights	Pupils will explore key s being in the workplace, instructions, organising th professional	including how to follow nems elves, time keeping,	Pupils will explore issues that affect them and their community, including: racism, homophobia, sexism. Knowing their rights and where to find help. As well as gaining an understanding of politic and their right to vote.	
YEAR 2	Money mana	gement	Travelling in	dependently	Personal hygiene and health	
	Pupils will leam the important manage their own moneysa sources of income/ regular outg find financial support. Pup components of a payslip and	fely. Pupils will identify goings and know where to ils will recognise the	Pupils will identify different forms of transport and how to use them. Pupils will develop road safety skills. Pupils will develop skills to plan and complete short journeys within the community including on foot and on public transport. Pupils will also learn about the dangers of being out in the community and how to keep themselves safe.		health and hygiene. Pupils will know the importance of the local health services, why the are important and what happens at health appointments.	
YEAR 3	Appropriate Dress/Buyir	ng your own clothes	Accessing local leisure facilities		Personal safety in the	community and online
	Pupils will know what types of c wear for different seasons, active know there own clothing measu in putting on items of clothing of how to purchase clothes/try on will also know the purpose of di know which ones to go to	vities or places. Pupils will rements and develop skills correctly. Pupils will know clothes in a shop. Pupils fferent clothes shops a nd	Pupils will identify the purpose of different leisure facilities. Pupils will plan and complete journeys to different leisure facilities. Places to visit could include: library, MOSI, The Lowery, The Art Gallery.		including: gangs, preven	nt forms of technology and



North Ridge High - Health and Wellbeing curriculum long term planning Key Stage 5

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
	Fitness and Nutrition - Engaging in a range of fitness activities including circuits, team games, using the gym.		Yoga - Pupils will complet	e a range of voga	Leisure - Exploring leisure activities within the loc community - Making choices of what activity learner want to engage in - Understanding how to communicate an		
			poses and learn how poses into simp	v to flow between le sequences.			
	a healthy consequences	ghow to maintain diet and the sof an unhealthy diet.	 Pupils will follows t and develop skills t their owr 	o create and lead	interact with peers	including turn taking.	
Notes:		,					



North Ridge High - PHSCE curriculum long term planning Key Stage 5

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer	
ÆAR 1	Looking after our	UNICEF: Understanding my rights and the	The world's largest lesson – Global Issues (UNICEF)		Relationships	and sex	
	school/ Rules of the	rights of others	Links to RRSA articles: 12,14 & 24		education		
	school – Class	Links to RRSA articles 1 & 2 + all others		Links to RRSA & 34	articles: 17, 19		
	Charters	Pupils will identify their rights and their rights	Spring 1 pupils will focus on goal 10- Reduced ineq	Spring 1 pupils will focus on goal 10- Reduced inequalities Pupils will explore world poverty, and the inequalities affecting people around the world.			
	Links to RRSA articles	of others. Recognise when someone's rights	Pupils will explore world poverty, and the inequalities				
	12, 28 & 29	are not met and the impact this has. Pupils			Pupils will exp		
		will know what responsibility they have to	Spring 2 pupils will focus on goal 13- Climate Action	l e e e e e e e e e e e e e e e e e e e		and appropriat	
	Pupils will identify	achieving their rights.	Pupils will explore issues affecting the environment	behaviours linked to different relationships. Different family			
	the school rules and		littering and the actions we can take to reduce our of			carbon footprint.	
	their rights as young people. Pupils will				structures and	•	
		Global issues: Fairtrade	Healthy lifestyles – keeping myself from harm	Recognising my needs and self-awareness	relationships.		
	create a class charter	Links to articles: 28,31 & 32	and healthy minds	Links to articles: 8, 12 & 13	about maintair	ning good	
YEAR 2	identifying their	Pupils will be understanding how Fairtrade	Links to articles: 19 & 24	Pupils will know their own personal needs and interests, skills and qualities. Pupils will learn strategies to help self manage their emotions	hygiene and looking after their sexual health. They wi		
I LAIN Z	rights and complete	supports local communities around the world,	Pupils will know ways to manage a healthy diet				
	pupil voice booklets.	where Fairtrade products are produced and	and active lifestyle which supports their physical		also understar	nd appropriate	
	F3F	how to recognise these products.	and mental health. They will explore the effects of		touch and con	sent	
			substance abuse.				
		Environmental Action	Diversity, Prejudice and discrimination	Making compromises and conflict	1		
YEAR 3		Links to article: 19	Links to articles: 2, 8, 12 & 13	resolution			
		Pupils will identify issues affecting climate	Pupils will know what discrimination is and	Links to articles: 12, 14 & 19			
		change and what changes they can make to	understanding current issues related to equality	Pupils will identify conflicting situations and			
		have a positive impact on the environment.	and diversity.	recognise ways to manage these situations			

Notes:

Autumn 1: Pupil Voice Booklets for their EHCP Review

Autumn 2: Updating One Page Profiles and School Council Election

Summer 2: Pupil reports



North Ridge High - Religious Education curriculum long term planning Key Stage 5

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
YEAR 1	Living:		Believing:		Expressing:		
	Is religion a power f	or peace or a cause	Do we need to prove Go	d's existence?	Should religious building	s be sold to feed the	
	for conflict in the w	orld today?	Christian, Buddhist and/	or Muslim, non-	starving? Christians, Mus	lims and/or Sikhs.	
	Christian, Muslim, n humanist	on-religious e.g.	religious worldviews (e.g. Humanist)				
YEAR 2	Believing:		Living:		Expressing:		
	Does living Biblically mean obeying the whole bible?		Does religion Help peop Buddhist, Christian, Musi	•	How can people express the spiritual through music and art?		
			e.g. Humanist	•			
YEAR 3	Living:		Believing:		Expressing:		
	What is good and what is challenging		Why is there suffering?	Are there any good	Should Happiness be the	purpose of life? Christian	
	about being a teens Muslim in Britain to	-	solutions? Christian and Buddhist Buddhist and non-religious			ıs e.g. humanist	
Notes:	All topics in the nev	v agreed RE curriculu	m are based on Key Quest	ions and Big Ideas; the	se fall into 3 ca tegories: Be	lieving, Expressing and	
	Living.						
	Believing: Religious beliefs, teachings, sources; questions about meaning, purpose and truth.						
	<u>Expressing</u> : Religious and spiritual forms of expression; questions a bout identity and diversity.						
	Living: Religious practices and ways of living; questions about values and commitments.						



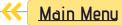
North Ridge High –Personal and Social Development (PSD) curriculum long term planning Key Stage 5

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YEAR 1	Community - Exploring the local co make a positive cl community e.g. recy - Raising mone	mmunity and ways to hange within the rcling, litter picking.	Understanding T - Identifying technology and use it safety in the hom	understanding how to	Environmental Awareness - Exploring global environmental issues - Understanding how they can help the environment.	
YEAR 2	Making the most of a Exploring leisure option making choices of leisure part in them for a p	ns in their local area, activities and taking	Parenting Awareness - Exploring the practicalities faced by new parents and identifying sources of support.		Preparation for Work -Writing CV's, identifying skills and qualirole playing interviews and applying for	
YEAR 3	Personal S - Students will learn ho in the home safely e - Students will develop ski	ow to use equipment .g. va cuum cleaner. o independent tra vel	Healthy Li - Students will understand th exercise and a h	e importance of regular	worth two cr	ney or unit of choice edits minimum aging their own persona dge t
Note:						



North Ridge High -Personal and Social Development (Personal Progress) curriculum long term planning Key Stage 5

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
YEAR 1	Keeping S	Safe	Caring for the En	Caring for the Environment		Travel in the Community	
	Pupils will understand h	ow to follow simple	Pupils will learn a bout the p	oositive and negative	Pupils will explore diff	erent places in the loca	
	safety routines within sc		impact humans can have on t		, ,	ing on foot, using local	
	localcomm	nunity	and take part in tasks to	•	or private	e transport	
VEAD 0			environm	*****			
/EAR 2	Developing independent living skills:		Preparing drinks		_	y facility over time	
	being hea	lthy	Pupils will know how to pre		Pupils will underst	and the purpose of	
	Pupils will be taking pa	art in activities to		and snacks safely. Pupils will develop basic household skills by learning		acilities. Pupils will visit	
	promote physical and me	ental wellbeing and	how to tidy up after themselv		a chosen community f	acility over a period and	
	re cognising what they can do to keep		orsnac	-	developtheirindepe	ndence when accessing	
	the ms elves I	thems elves healthy.			the fa	acility.	
YEAR 3	Enterprise projects		Developing indepe	Developing independent living		d About	
	Pupils will be involved in the planning,		skills: looking after your own environment		Pupils will explore di	ferent facilities within	
	production and sale of pr	oducts or hosting of	Pupils will learn how to keep	their homes clean and	the community and	know their purposes	
	an event to raise mor	e money for a charity. why this is important. Pupils will develops kills to		s will develop s kills to	including leisure f	acilities, shops and	
			s a fely complete different household tasks.		re s taurants/ ca fes.		
Note:	Pupils following	ng the engagement s	teps pathway in KS5 will comp	lete the following units	in replacement to the	ones above	
	Year 1 Autumn term: Developing Independent Living Skills – having your say and Year 1 Spring term: Engaging in the world around you: the natural environment						
	Year 2 Spring term: Engaging with people and Friends						
	Year 3 A	Autumn term: Engaging	ng in creative activities and Year 3 Spring term: Engaging in the world of work: work experience			ience	

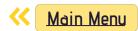


North Ridge High - Manufacturing curriculum long term planning Key Stage 5

YEARS 1-3	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Health and Safety	Quality Control	Understanding a Production	Sustainability	Design	Marketing
	Pupils will learn a bout the	Pupils will develop	Line			
	key features of health and	an understanding	Pupils will learn a bout how	Pupils will know the	Pupils we use digital	Pupils will use digital
	s a fety within the	of good and bad	production lines work within	impact of global	and creative skills to	media to create
	workplace including:	quality products,	factorysettings to ensure	w arming and the finite	design their own and	promotional materials
	understanding health and	how to quality	products are all the same.	resources on the	new products to be	for the gift company
	s a fety signage, the	check products and	Pupils will learn to develop	earth. Pupils will know	sold within the gift	including posters,
	purpose of PPE and	what happens to	ma nu factured products	w hat NRGC does to	companyinduding	reels and promotional
	followingsafety	uns ellable quality	working within a production	reduce their carbon	packaging.	videos.
	instructions.	products – how are	line.	footprint and reduce		
		the materials		w aste within the		
		reused?		company.		
			Notes:			

Taught on rotation as a spiral curriculum, returning to the last skills and knowledge developed in that topic area.

Curriculum may be taught in a different order to meet the learning needs of the pupils or to meet any business requirements.

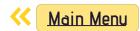


North Ridge High - Food Technology curriculum long term planning Key Stage 5

YEARS	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Potatoes	Entertaining others	Convenience foods	'Fakeaway'	Food from other	Picnics and
4.0	Pupils will learn	Pupils will learn	Pupils will know what	Pupils will take their	cultures	Lunchboxes
1-3	about the diversity	about different	foods are found at	favourite takeaway	Pupils will explore	
	of potatoes and	foods that are used	convenience foods and	and make a healthier	cuisinefrom	Pupils will recognise
	create a range of	as part of	how to use these foods	version to take home	various cultures	which foods are
	dishes with potato	celebration meals,	either by cooking them	for their families.	e.g. Chinese,	classed as finger
	as the main	including deserts	on the hob or		Indian, Thai,	_
	ingredient	which are famous at	microwave		Spanish. Pupils will	foods and create a
		Christmas time.			make dishes linked	range of items to
					to a specific	share with their
					culture.	families.

Notes:

The dishes created within each topic to be decided at teachers/pupils discretion.



North Ridge High - Class Nightingale North Manchester General Hospital

YEAR 1	Au	tumn term	Sprin	g term	Summer term			
PSD	PSD Health and safety in the workplace		Maintaining V	Vork Standards	Learning Through Work Experience			
Maths	Number	Money – budgeting for a celebration	Time	Money	Time/ money - planning a trip			
Notes:								

PSD modules are accredited by ASDAN Employability

Class Nightingale follow the same curriculumplan for English, PSHE and RE as the rest of the department.

