North Ridge High School



Structured Curriculum

2025-2026

<u>Pathways</u>



The Structured Department has two distinct pathways:

- Sensory structured Pathway
- Structured Pathway

This document relates to the Structured Pathway

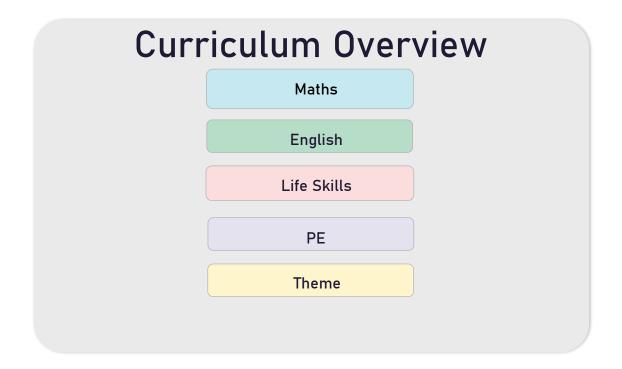
The Structured Pathway

The Structured Pathway supports pupils who benefit from a consistent, supportive learning environment with a high level of routine and structure.

Each half term is based around a carefully selected theme that is engaging, developmentally appropriate, and often sensory-rich. This thematic approach provides meaningful context for learning, helping pupils make connections across subjects and generalise key skills.

Pupils access a broad curriculum through four weekly Theme lessons, covering all foundation subjects. These lessons also target four essential areas for holistic development: Communication, Social Interaction, Flexibility of Thought, and Emotional Regulation.

Alongside Theme lessons, pupils have discrete weekly sessions in Maths, English, PE, and Life Skills. These are personalised to ensure progress in core functional areas, with links to the theme where relevant. The curriculum is flexible and individualised, allowing pupils to access the National Curriculum at a level that is meaningful and achievable. Progress is celebrated in small but significant steps, with the aim of building the knowledge, skills, and confidence needed for life beyond school.





Weekly Curriculum Coverage

Maths 4 lessons English 4 lessons

Life Skills 2 lessons

PE 2 lessons Theme 8 lessons

Each class also has sensory/communication twice daily to support pupils to regulate their sensory needs and develop key communication skills.

Mathematics Curriculum: Long Term Planning

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|-------------|--|-----------------------------|--|---|----------------------------|---|
| Theme | Colour and Light | Celebrations | Food, Glorious Food! | On the Move | Gardener's World | The Seaside |
| Maths Topic | Number Counting, sequencing, place vale, addition, subtraction | <u>Measurement</u> Money | Measurement 2 weeks: length 2 weeks: weight 2 weeks: capacit y | Measurement & Geometry 4 weeks: shape 2 weeks: size | <u>Measurement</u> Time | Number Multiplication, division and fractions |

English Curriculum: Long Term Planning

Pupils will explore texts linked to the Theme. Texts will be selected based on what is developmentally appropriate for each class.

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|--------------------|---|--|--|---|--|---|
| Theme | Colour and Light | Celebrations | Food, Glorious Food! | On the Move | Gardener's World | The Seaside |
| Suggested Texts | The Colour Monster "Wow!" Said the Owl | Let's Celebrate! Special Days Around the World Religious celebration texts | Which Food Will You Choose? The Very Hungry Caterpillar | You Can't Take an Elephant on the Bus Car, Car, Truck, Jeep | Up, Down and Around Who's in the Garden? The Tiny Seed | The Rainbow Fish Who's at the Seaside? |



English Curriculum: Long Term Planning

Pupils will explore texts linked to the Theme. Texts will be selected based on what is developmentally appropriate for each class.

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|--------------------|---|---|---|---------------------------------------|---|--|
| Theme | Weather and Seasons | Art Explosion | Space | The Natural World | Healthy Me | Journey Across the World |
| Suggested Texts | Meet the Weather Tree: Seasons Come, Seasons Go | How to Catch a Rainbow Mouse Paint The Artist who Painted a Blue Horse | Lost in Space Little Comet Once Upon A Star | Stick Man We're Going on a Hunt | Mindful Monsters This Is How We Keep Healthy Find out about Feelings | A Ticket Around The World My Very Important World |



English Curriculum: Long Term Planning

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|--------------------|------------|--------------------------------|--|---|--|----------------------------|
| Theme | Who Am I? | Arctic Adventures | Creatures Great and Small | Awe and Wonder | Farm to Fork | Wonderful Water |
| Suggested Texts | This is Me | An Arctic Story Poles Apart | Oi, Frog! Monkey Puzzle All About Animals | The Wonder Where the Forest Meets the Sky Meg and Mog | On the Farm Old Mikimba Had a Farm | The Snail and The Whale |



Life Skills Curriculum: Long Term Planning

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|--------|------------------------------|------------|---------------------------------------|--|--------------------------------------|--------------------------------------|
| Year 1 | Community and Citizenship | Enterprise | Healthy Lifestyles | Global Issues – The World's Largest Lesson | Relationship and Sex Education | Relationship and Sex Education |
| Year 2 | Preparing Food and Drink | Enterprise | Personal and Social Development | Work Related Learning | Relationship and Sex Education | Relationship and Sex Education |



PE Curriculum: Long Term Planning

Pupils will access a range of games and activities to support the development of key skills in PE.

| | Autumn | Spring | Summer |
|-------------|---|--|--|
| Years 1 - 3 | FITNESS Circuit based Activities Yoga Gym | TARGET GAMES Soft Play Target Games Table-top games Tri Golf | PHYSICAL LITERACY Athletics Adapted Games Striking & Fielding Games Orienteering |



Theme Curriculum: long term planning



