

North Ridge High School



Structured Curriculum

2025-2026

Pathways



The Structured Department has two distinct pathways:

- Sensory structured Pathway
- Structured Pathway

This document relates to the Structured Pathway

The Structured Pathway

The Structured Pathway supports pupils who benefit from a consistent, supportive learning environment with a high level of routine and structure.

Each half term is based around a carefully selected theme that is engaging, developmentally appropriate, and often sensory-rich. This thematic approach provides meaningful context for learning, helping pupils make connections across subjects and generalise key skills.

Pupils access a broad curriculum through four weekly Theme lessons, covering all foundation subjects. These lessons also target four essential areas for holistic development: Communication, Social Interaction, Flexibility of Thought, and Emotional Regulation.

Alongside Theme lessons, pupils have discrete weekly sessions in Maths, English, PE, and Life Skills. These are personalised to ensure progress in core functional areas, with links to the theme where relevant. The curriculum is flexible and individualised, allowing pupils to access the National Curriculum at a level that is meaningful and achievable. Progress is celebrated in small but significant steps, with the aim of building the knowledge, skills, and confidence needed for life beyond school.

Curriculum Overview

Maths

English

Life Skills

PE

Theme



This document is hyperlinked – Enter full screen mode and click on the subject that you wish to access.
Use the main menu button to return to this screen.

Main Menu

Weekly Curriculum Coverage

Maths
4 lessons

English
4 lessons

Life Skills
2 lessons

PE
2 lessons

Theme
8 lessons

Each class also has sensory/communication twice daily to support pupils to regulate their sensory needs and develop key communication skills.

Mathematics Curriculum: Long Term Planning

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Colour and Light	Celebrations	Food, Glorious Food!	On the Move	Gardener's World	The Seaside
Maths Topic	<u>Number</u> Counting, sequencing, place value, addition, subtraction	<u>Measurement</u> Money	<u>Measurement</u> 2 weeks: length 2 weeks: weight 2 weeks: capacity	<u>Measurement & Geometry</u> 4 weeks: shape 2 weeks: size	<u>Measurement</u> Time	<u>Number</u> Multiplication, division and fractions

English Curriculum: Long Term Planning

Pupils will explore texts linked to the Theme. Texts will be selected based on what is developmentally appropriate for each class.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Colour and Light	Celebrations	Food, Glorious Food!	On the Move	Gardener's World	The Seaside
Suggested Texts	The Colour Monster "Wow!" Said the Owl	Let's Celebrate! Special Days Around the World Religious celebration texts	Which Food Will You Choose? The Very Hungry Caterpillar	You Can't Take an Elephant on the Bus Car, Car, Truck, Jeep	Up, Down and Around Who's in the Garden? The Tiny Seed	The Rainbow Fish Who's at the Seaside?

English Curriculum: Long Term Planning

Pupils will explore texts linked to the Theme. Texts will be selected based on what is developmentally appropriate for each class.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Weather and Seasons	Art Explosion	Space	The Natural World	Healthy Me	Journey Across the World
Suggested Texts	Meet the Weather Tree: Seasons Come, Seasons Go	How to Catch a Rainbow Mouse Paint The Artist who Painted a Blue Horse	Lost in Space Little Comet Once Upon A Star	Stick Man We're Going on a Hunt	Mindful Monsters This Is How We Keep Healthy Find out about Feelings	A Ticket Around The World My Very Important World



English Curriculum: Long Term Planning

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Who Am I?	Arctic Adventures	Creatures Great and Small	Awe and Wonder	Farm to Fork	Wonderful Water
Suggested Texts	This is Me	An Arctic Story Poles Apart	Oi, Frog! Monkey Puzzle All About Animals	The Wonder Where the Forest Meets the Sky Meg and Mog	On the Farm Old Mikimba Had a Farm	The Snail and The Whale



[Main Menu](#)

Life Skills Curriculum: Long Term Planning

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Community and Citizenship	Enterprise	Healthy Lifestyles	Global Issues – The World's Largest Lesson	Relationship and Sex Education	Relationship and Sex Education
Year 2	Preparing Food and Drink	Enterprise	Personal and Social Development	Work Related Learning	Relationship and Sex Education	Relationship and Sex Education

PE Curriculum: Long Term Planning

Pupils will access a range of games and activities to support the development of key skills in PE.

	Autumn	Spring	Summer
Years 1 - 3	FITNESS Circuit based Activities Yoga Gym	TARGET GAMES Soft Play Target Games Table-top games Tri Golf	PHYSICAL LITERACY Athletics Adapted Games Striking & Fielding Games Orienteering

Theme Curriculum: long term planning

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Colour and Light	Celebrations	Food, Glorious Food	On the Move	Gardener's World	The Seaside
Year 2	Weather and Seasons	Art Explosion	Space	The Natural World	Healthy Me	Journey Across the World
Year 3	Who am I?	Arctic Adventures	Creatures Great and Small	Awe and Wonder	Farm to Fork	Wonderful Water

