North Ridge High School

Structured Curriculum

2026-2027

Pathways

The Structured Department has two distinct pathways:

- Sensory structured Pathway
- Structured Pathway

This document relates to the **Structured Pathway**

The Structured Pathway

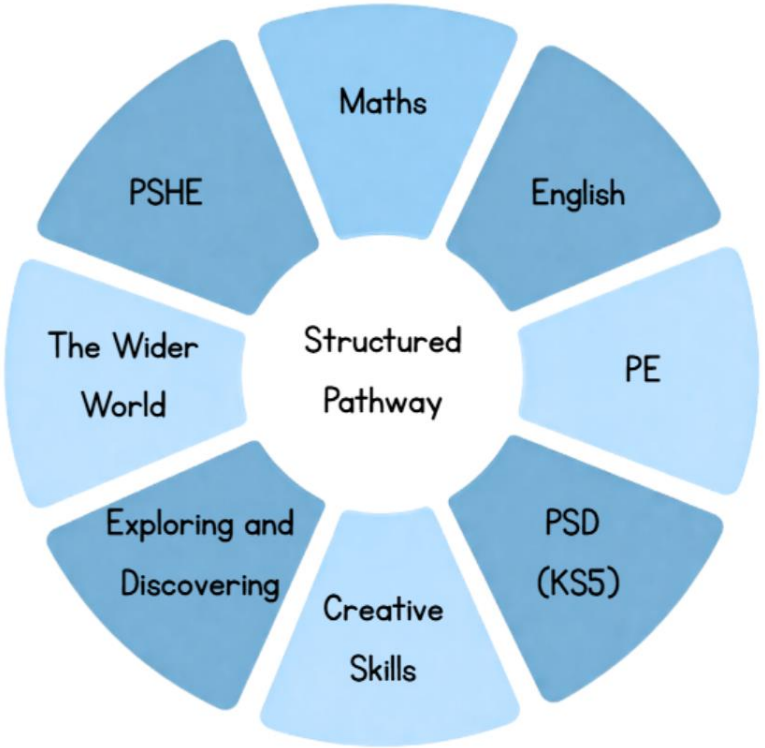
The Structured Pathway supports pupils who benefit from a consistent, supportive learning environment with a high level of routine and structure.

Each half term is based around a carefully selected theme that is engaging, developmentally appropriate, and often sensory-rich. This thematic approach provides meaningful context for learning, helping pupils make connections across subjects and generalise key skills.

Pupils access a broad curriculum through weekly Theme lessons, covering all foundation subjects. Lessons are planned around three key areas: The Wider World, Creative Skills and Exploring and Discovering.

Alongside Theme lessons, pupils have discrete weekly sessions in Maths, English, PE, and Life Skills. These are personalised to ensure progress in core functional areas, with links to the theme where relevant. The curriculum is flexible and individualised, allowing pupils to access the National Curriculum at a level that is meaningful and achievable. Progress is celebrated in small but significant steps, with the aim of building the knowledge, skills, and confidence needed for life beyond school.

Curriculum Overview



Curriculum Overview

Maths

English

Life Skills

PE

Theme

PSD (KS5 pupils)



This document is hyperlinked – Enter full screen mode and click on the subject that you wish to access.
Use the main menu button to return to this screen.

Main Menu

Weekly Curriculum Coverage

Maths
4 lessons

English
4 lessons

Life Skills
2 lessons

PE
2 lessons

Theme
6 or 8 lessons

Personal and Social Development (KS5)
2 lessons

Each class also has sensory/communication twice daily to support pupils to regulate their sensory needs and develop key communication skills.

Mathematics Curriculum: Long Term Planning

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Weather and Seasons	Art Explosion	Space	The Natural World	Healthy Me	Journey Across the World
Maths Topic	**Number** Counting, sequencing, place vale, addition, subtraction	**Measurement** Money	**Measurement** 2 weeks: length 2 weeks: weight 2 weeks: capacity	**Measurement & Geometry** 4 weeks: shape 2 weeks: size	**Measurement** Time	**Number** Multiplication, division and fractions

Maths – Years 1-3

Main Menu

English Curriculum: Long Term Planning

Pupils will explore texts linked to the Theme. Texts will be selected based on what is developmentally appropriate for each class.

English – Year 1

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Colour and Light	Celebrations	Food, Glorious Food!	On the Move	Gardener's World	The Seaside
Suggested Texts	The Colour Monster "Wow!" Said the Owl	Let's Celebrate! Special Days Around the World Religious celebration texts	Which Food Will You Choose? The Very Hungry Caterpillar	You Can't Take an Elephant on the Bus Car, Car, Truck, Jeep	Up, Down and Around Who's in the Garden? The Tiny Seed	The Rainbow Fish Who's at the Seaside?

Main Menu

English Curriculum: Long Term Planning

Pupils will explore texts linked to the Theme. Texts will be selected based on what is developmentally appropriate for each class.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Weather and Seasons	Art Explosion	Space	The Natural World	Healthy Me	Journey Across the World
Suggested Texts	Meet the Weather Tree: Seasons Come, Seasons Go	How to Catch a Rainbow Mouse Paint The Artist who Painted a Blue Horse	Lost in Space Little Comet Once Upon A Star	Stick Man We're Going on a Hunt	Mindful Monsters This Is How We Keep Healthy Find out about Feelings	A Ticket Around The World My Very Important World

English – Year 2

Main Menu

English Curriculum: Long Term Planning

English – Year 3

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Who Am I?	Arctic Adventures	Creatures Great and Small	Awe and Wonder	Farm to Fork	Wonderful Water
Suggested Texts	This is Me	An Arctic Story Poles Apart	Oi, Frog! Monkey Puzzle All About Animals	The Wonder Where the Forest Meets the Sky Meg and Mog	On the Farm Old Mikimba Had a Farm	The Snail and The Whale

Main Menu

Life Skills Curriculum: Long Term Planning

Lif Skills – Years 1-2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Community and Citizenship	Enterprise	Healthy Lifestyles	Global Issues – The World's Largest Lesson	Relationship and Sex Education	Relationship and Sex Education
Year 2	Preparing Food and Drink	Enterprise	Personal and Social Development	Work Related Learning	Relationship and Sex Education	Relationship and Sex Education

Main Menu

PE Curriculum: Long Term Planning

Pupils will access a range of games and activities to support the development of key skills in PE.

	Autumn	Spring	Summer
Years 1 - 3	**FITNESS** Circuit based Activities Yoga Gym	**TARGET GAMES** Soft Play Target Games Table-top games Tri Golf	**PHYSICAL LITERACY** Athletics Adapted Games Striking & Fielding Games Orienteering

PE – Years 1-3

Main Menu

PSD Curriculum: Long Term Planning

Pupils will work towards achieving their ASDAN Personal Progress Award in these lessons while developing key preparing for adulthood skills.

	Cycle Year 1 28-29	Cycle Year 2 26-27	Cycle Year 3 27-28
Autumn 1	Developing reading skills	Developing communication skills	Developing ICT skills
Autumn 2	Developing skills for the workplace: following instructions	Participating in a mini-enterprise project	Developing writing skills
Spring 1	Early maths: measure	Early maths: developing number skills	Developing skills for the workplace: caring for plants
Spring 2	Preparing drinks and snacks	Developing independent living skills: keeping safe	Early maths: shape
Summer 1	Community participation skills: personal enrichment	Planning and preparing food for an event	Taking part in daily routine activities
Summer 2	Getting on with other people	Understanding what money is used for	Engaging in new creative activities

PSD Years 1–3

Main Menu

Theme Curriculum: long term planning

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Colour and Light	Celebrations	Food, Glorious Food	On the Move	Gardener's World	The Seaside
Year 2	Weather and Seasons	Art Explosion	Space	The Natural World	Healthy Me	Journey Across the World
Year 3	Who am I?	Arctic Adventures	Creatures Great and Small	Awe and Wonder	Farm to Fork	Wonderful Water

Theme – Years 1-3

Main Menu

Theme Curriculum: long term planning

Theme – Years 1-3

	The Wider World	Creative Skills	Exploring and Discovering
Subject coverage	History Geography RE	Art DT Music	Science Computing