

## Striking and Fielding (Cricket/Softball/Rounders)

## Summer 1 - KS3 (year 2) Softball

M. Bond 2023

<b>Curriculum intent:</b>	Physical Education at North Ridge High School should contribute to pupils' physical, cognitive, social and emotional development, as well as playing an important role in their spiritual, moral and cultural development. The P.E. curriculum is broad and balanced so as to increase pupils' self-confidence in their ability to manage themselves and their bodies within a range of movement situations. Through a variety of individual, paired and group activities, the different strengths, needs and preferences of each pupil will be catered for using differentiated physical activities. All pupils will be provided with the opportunity to move, be active, develop skills and improve communication and self-esteem. Additionally, through providing positive experiences within the P.E. curriculum, a lifelong interest in physical activity is encouraged.	
<b>End of KS3 intent/outcome</b>	<b>End of KS4 intent/outcome</b>	<b>End of KS5 intent/outcome</b>
By the end of KS3, pupils will have developed their understanding of how to play cricket, rounders and softball. They will know how to hold a bat correctly and how to hit a ball towards a specific target or desired location. They will know how to bowl/pitch towards the batter and how to field the ball. Pupils will develop their awareness of the skills and understanding needed when batting and fielding, and will engage in adapted games to try and understand basic concepts/tactics.	By the end of KS4, pupils will have built further on understanding and skills developed throughout KS3. They will have developed a better understanding of rules and regulations when playing adapted striking and fielding games and they will have developed tactical awareness during games, e.g. when to run, where to hit the ball, where to return the ball to etc. Pupils will also have developed team work skills, including communication, when both batting and fielding.	N/A

<b>Intent for topic:</b>	This unit of study gives pupils the opportunity to engage with activities which develop hand-eye coordination initially and then support the development of a competitive game using softball bats, rounders bats, cricket bats and many other adapted equipment to hit a ball. Pupils will experience differentiated activities which enable them to develop their understanding of how to use a selected bat and hit a ball in their desired direction. Pupils will develop an awareness of how to move when both batting and fielding and will explore numerous positions during competitive and non-competitive games. Pupils will develop an understanding of the rules and regulations associated with the games they play as well as working on tactical awareness to outwit opponents. Some pupils will be given the opportunity to umpire games.
<b>Key vocabulary for subject:</b>	Warm-up, stretch, prepare, movement, fitness, competition, cool-down
<b>Key vocabulary for this topic:</b>	Cricket, Softball, Rounders, bat, ball, wicket, stumps, post, base, bowl, catch, throw, hit, out, batting, fielding, run, wicket-keeper, bowler, batter.

**Prior knowledge: what pupils may already have studied**

<b>Key stage</b>	<b>Subject</b>	<b>Topic title</b>	<b>Term/year taught</b>	<b>Content/What might pupils already know?</b>
<b>KS3</b>	PE - Striking & Fielding	Cricket	Summer 2 - Year 1	Understand the aim of the game. Understand what team they are on. Understand the basic concept of scoring runs/getting the other team out. Know how to hold the bat and hit the ball. Know how to bowl the ball and field. Understand the basic rules of the game. Understand basic tactics of the game.
<b>KS3</b>	PE - Striking & Fielding	Softball	Summer 1 - Year 2	Understand the aim of the game. Understand what team they are on. Understand the basic concept of scoring runs/getting the other team out. Know how to hold the bat and hit the ball. Know how to pitch the ball and field. Understand the basic rules of the game. Understand basic tactics of the game.
<b>KS3</b>	PE - Striking & Fielding	Rounders	Summer 2 - Year 3	Understand the aim of the game. Understand what team they are on. Understand the basic concept of scoring rounders/getting the other team out. Know how to hold the bat and hit the ball. Know how to bowl the ball and field. Understand the basic rules of the game. Understand basic tactics of the

				game.
<b>KS4</b>	PE - Striking & Fielding	Cricket	Summer 2 - Year 1	Understand the aim of the game. Understand what team they are on. Understand the rules of the game and how to keep score. Know how to bat/bowl/field. Have greater understanding of different positions, e.g. wicket-keeper, fielder, 2 batters, etc. Have greater tactical awareness during the game. Understand how/what to communicate to team-mates during the game.
<b>KS4</b>	PE - Striking & Fielding	Rounders	Summer 2 - Year 2	Understand the aim of the game. Understand what team they are on. Understand the rules of the game and how to keep score. Know how to bat/bowl/field. Have greater understanding of different positions, e.g. backstop, deep fielder, 1 <sup>st</sup> base, etc. Have greater tactical awareness during the game. Understand how/what to communicate to team-mates during the game.

Links to other subjects: PSHCE, ICT, Maths, English

**RRSA:**

- I have the right to play, have fun, do sport and relax; and I should include everybody in my activities and games.
- I have the right to a good quality education.
- I have the right to try new things.

Key Knowledge Concepts	OU Progression Step 8	OU NC Step 1	OU NC Step 2	OU NC Step 3	OU NC Step 4
	<p>Can follow simple rules during adapted games with verbal prompts</p> <p>Shows some understanding of how to score runs/points during striking and fielding games</p> <p>Can follow verbal instruction of when to run between wickets/bases</p> <p>Is able to name at least 2 different positions for the fielding team e.g. back stop, bowler, first base etc.....</p>	<p>Is aware and can follow basic rules in striking and fielding games</p> <p>Can name and play in at least 2 different positions during striking and fielding games</p> <p>Is able to make their own decisions regarding when to move between bases/wickets majority of the time</p> <p>Pupils shows an understanding of how to score points/run during striking and fielding</p> <p>Pupils can identify at least 1 way of how to eliminate their opponents from the game e.g. catch the ball</p>	<p>Pupils follow rules during competitive striking and fielding games</p> <p>Pupils understand how to outwit opponents during games and can demonstrate this giving 2 examples</p> <p>Pupils understand and are able to play a range of positions when fielding and understand their role in each position</p> <p>Pupils are able to make decisions for themselves and others when deciding to run between bases/wickets</p> <p>Pupils are able to discuss tactics to outwit opponents with teammates</p>	<p>Pupils can follow all rules during striking and fielding games in both competitive and non-competitive games and is able to keep scores</p> <p>Pupils understand how to outwit opponents with the use of different tactics</p> <p>Pupils can play a range of positions and can switch between positions according to the game situation e.g. covering backstop</p> <p>Pupils make decisions for themselves and others and can attempt to lead members of the team between wickets/bases</p> <p>Pupils are able to discuss tactics with teammates and implement these into game situations in order to outwit opponents</p>	<p>Pupils can umpire a striking and fielding game and can implement rules and ensure correct scoring</p> <p>Pupils show understanding of how to outwit opponents within a range of game situations</p> <p>Pupils are able to play all positions and can switch and cover positions when necessary.</p> <p>Pupils are able to make decisions and instruct teammates when to run or when to stay whilst on the batting team.</p> <p>Pupils are able to discuss a range of tactics and implement different tactics in accordance to their opponents</p>

<b>Key Skill Concepts</b>	<b>OU Progression Step 8</b>	<b>OU NC Step 1</b>	<b>OU NC Step 2</b>	<b>OU NC Step 3</b>	<b>OU NC Step 4</b>
	<p>Is able to hit a ball when stationary using a bat/racquet/paddle majority of the time</p> <p>Is able to move towards the ball when fielding and use appropriate equipment effectively when attempting to stop the ball</p> <p>Can use an underarm technique to throw the ball towards their intended target/direction</p> <p>Pupils are able to use their own technique to bowl a ball towards a target</p>	<p>Can hit a ball when stationary using the striking and fielding equipment majority of the time e.g. cricket = cricket bat</p> <p>Is able to make intended movements towards the ball when fielding and make successful attempts to stop the ball using necessary equipment</p> <p>Is able to use either underarm and overarm technique to throw the ball towards a target/base/wicket</p> <p>Makes attempts to catch the ball when fielding and/or returns the ball towards a target as quickly as possible</p> <p>Pupils can use an underarm bowling technique to bowl the ball towards an intended target</p>	<p>Pupils are able to hit a ball that has been bowled using the correct equipment e.g. cricket = cricket bat rounders = rounders bat softball = softball bat</p> <p>Pupils move towards the ball when fielding and successfully stop the ball using necessary equipment</p> <p>Pupils can successfully use wither overarm or underarm throw technique to return the ball as quickly as possible towards a specific target/player</p> <p>Pupils move towards and attempt to catch a ball which has been hit into the air and understands if they catch the ball then the opponent is eliminated</p> <p>Pupils can use the correct technique when bowling a ball in striking and fielding games e.g. overarm = cricket. Underarm = rounders/softball</p>	<p>Pupils can hit a ball that has been bowled into specific areas of the field e.g. gaps, away from bases/wickets</p> <p>Pupils sprint towards the ball when fielding and can successfully stop the ball using the necessary equipment</p> <p>Pupils can successfully use both over and underarm throw techniques to return to the ball to the appropriate place during a game e.g. towards last base where opponent is running towards</p> <p>Pupils sprint towards a ball and make an attempt to catch the ball and can explain how this is classed as outwitting opponents</p> <p>Pupils can successfully bowl a ball in striking and fielding games towards the correct areas e.g. shoulders to hips</p>	<p>Pupils can hit a ball that has been bowled into gaps/areas of the field to enable the team to score the most runs</p> <p>Pupils sprint towards the ball when fielding and can return the ball back towards the necessary target/person</p> <p>Pupils can use both under and overarm throwing techniques to successfully return the ball towards the most appropriate place e.g. back to bowler to stop runners or towards a base to outwit opponent</p> <p>Pupils can bowl the ball at speed towards specific targets within the required bowling area e.g. low bowl in softball</p>

Key Sports	Suggested Learning Activities – Adapted into games and differentiated for pupil need where applicable
Cricket	<ul style="list-style-type: none"> <li>• Simple throwing and catching activities to develop accuracy of throwing and using correct technique to receive a ball</li> <li>• Striking a static and moving ball with a range of equipment to help pupils develop hand-eye co-ordination</li> <li>• Throwing a ball towards targets which replicate throwing towards wickets in a game situation</li> <li>• Fielding activities/games to develop game knowledge of how to stop and return the ball</li> <li>• Small sided adapted games for “Games for Understanding” (GfU) to develop and understand skills eg, concepts, scoring, batting, fielding, bowling etc...</li> <li>• Ensure pupils are using equipment safely by demonstrating correct techniques to hold/use equipment</li> </ul>
Rounder's	<ul style="list-style-type: none"> <li>• Simple throwing and catching activities to develop a range of throwing technique and understand how to receive a ball</li> <li>• Throwing a ball towards targets which replicate throwing towards posts, team mates or bowler in a game situation</li> <li>• Striking a static and moving ball with a range of equipment to help pupils develop their hand-eye co-ordination</li> <li>• Small sprinting games to develop speed and agility linked to game situations</li> <li>• Small sided adapted games for GfU to develop and understand skills eg, concepts, scoring, batting, fielding, bowling etc...</li> <li>• Ensure pupils are using equipment safely by demonstrating correct techniques to hold/use equipment</li> </ul>
Softball	<ul style="list-style-type: none"> <li>• Simple throwing and catching activities to develop a range of throwing technique and understand how to receive a ball</li> <li>• Throwing a ball towards targets which replicate throwing towards bases, team mates or bowler in a game situation</li> <li>• Striking a static and moving ball with a range of equipment to help pupils develop their hand-eye co-ordination</li> <li>• Small sprinting games to develop speed and agility linked to game situations</li> <li>• Small sided adapted games for GfU to develop and understand skills eg, concepts, scoring, batting, fielding, bowling etc...</li> <li>• Ensure pupils are using equipment safely by demonstrating correct techniques to hold/use equipment</li> </ul>

Online Resources

Cricket - <https://www.ecb.co.uk/> - <https://foundation.lancashirecricket.co.uk/>

Rounders - <https://www.roundersengland.co.uk/product-category/rounders-toolkit/>

Softball - <https://www.nfhs.org/activities-sports/softball/>

Pupils working under OU Progression Step 8 will be assessed in Physical Literacy on Onwards & Upwards. Physical Literacy will be assessed across 5 levels starting from OU Progression Step 4 - 8. In Physical Literacy pupils will be assessed across 6 different areas which are Movement, Co-Operation, Compete, Analysis & Evaluation, Using Skills & Techniques and Challenge

#### Movement

This area will have a focus of pupil movement during games and activities in PE. Pupils will show a knowledge and understand of direction of movement, different movement patterns and speeds of movements using their limbs.

#### Examples

OU P Step 4 - Exploring/Moving around a space and pieces of equipment

OU P Step 5 - Following a pre-determined routine with support

OU P Step 6 - Moving in a variety of different ways during activities

OU P Step 7 - Moving body parts and showing co-ordination skills

OU P Step 8 - Repeating a series of movements and creating their own movement patterns

#### Co-Operation

This area will have a focus on pupil's ability to share equipment, understanding of rules, working with others, to participate co-operatively and to show respect to others.

#### Examples

OU P Step 4 - Request a symbol/piece of equipment and share this

OU P Step 5 - Wait patiently for their turn during group games/activities

OU P Step 6 - Can participate with another pupil towards a common goal

OU P Step 7 - Show awareness of respect towards others during games/activities

OU P Step 8 - Playing by specific set of rules and identifying who's turn it is next

<p>Compete</p>	<p>This area will have a focus on pupils completing tasks when instructed, showing enjoyment, being competitive, use support from staff to implement skills, participate in competitive situations/games and to play against others</p> <p>Examples</p> <p>OU P Step 4 - Able to follow 1 rule from staff during games</p> <p>OU P Step 5 - Play unsupported against a class mate</p> <p>OU P Step 6 - Participate in some sort of competitive game/environment</p> <p>OU P Step 7 - Becoming aware playing competitive sports in not always about winning</p> <p>OU P Step 8 - Attempts to play within the rules</p>
<p>Analysis &amp; Evaluation</p>	<p>This area will focus upon pupils ability to evaluate and analyse performance, is aware of lessons and structures, able to use symbols to identify items, understand the changes to their body and to comment/communicate on topics in PE</p> <p>Examples</p> <p>OU P Step 4 - Able to repeat an action which has been modelled by staff</p> <p>OU P Step 5 - Is aware of the subject and can identify the topic in PE</p> <p>OU P Step 6 - Able to demonstrate a basic skill they have learned</p> <p>OU P Step 7 - Participate in video analysis and comment on the skill</p> <p>OU P Step 8 - Responds to feedback received from staff</p>
<p>Using Skills &amp; Techniques</p>	<p>In Using Skills and Techniques pupils will develop their ability to apply skills to a game/activity, show some control when performing skills, follow instructions, transfer skills from isolation into games and use a range of equipment</p> <p>Examples</p>



	<p>OU P Step 4 - Can respond to a simple verbal command</p> <p>OU P Step 5 - Repeat an activity at least 3 times in a row</p> <p>OU P Step 6 - Send a ball/quoit in a specific direction</p> <p>OU P Step 7 - Practice a skill and apply co-ordination</p> <p>OU P Step 8 - Independently use a range of equipment to complete a task</p>
<p>Challenge</p>	<p>This area will focus on pupils developing skills and knowledge based around remained interested/engaged in activities, recognising and matching equipment/symbols, solving challenges, using skills for success, engaging in familiar and unfamiliar activities and working independently and supported when necessary.</p> <p>Examples</p> <p>OU P Step 4 - To select at least 1 piece of equipment for specific game/task</p> <p>OU P Step 5 - Select symbols and collect correct equipment</p> <p>OU P Step 6 - Follow verbal/visual instruction to complete a team task</p> <p>OU P Step 7 - Use skills in a game/activity which brings success</p> <p>OU P Step 8 - Recognise a range of equipment and share what equipment is used for</p>